

Outreach Meeting Minutes  
November 17, 2007

I. Meeting opened at about 1:30 pm.

II. Attendance included:

| <u>Name</u> | <u>phone</u> | <u>email</u>                         |
|-------------|--------------|--------------------------------------|
| Doug P      |              | <u>doug_poage@yahoo.com</u>          |
| Christine B |              | <u>christine.bronson@thomson.com</u> |
| Arlene L    |              | <u>Arlenel@gci.net</u>               |
| Lou Ann P   |              | <u>alaskalouann@yahoo.com</u>        |
| Jeff B      |              | <u>ibok@gci.net</u>                  |
| Cory        |              | <u>cfiglenski@hotmail.com</u>        |
| Karen       |              | <u>Karebear1966angel@yahoo.com</u>   |

III. Discuss Outreach Purpose.

Briefly touched on Outreach Resource Information

IV. Goals

Generally discussed:

- i. Bolstering struggling meetings.
- ii. Starting meetings.

Discussed getting message out by other means than meetings, particularly by mailing literature out.

We did not define specific goals. Jeff made point that we could improve participation by enlisting help to achieve definitive goals; e.g., mailout.

Discussion:

- ❖ Contact community agencies to inform of meetings. Tougher if there is no meeting.
- ❖ Contacts for a city, for example Nome, could be health clinic, city mayor, police etc.
- ❖ Mail Out: above said info is available on web page. Jeff suggest we get together and using 2 or 4 computers bang out info.
- ❖ Mail out could include literature order form (from World is free), and “NA a Resource in your Community”, white booklets. Such a list could use more consideration: what budget?
- ❖ Kotzebue contact number (from Arlene) is 442-7400
- ❖ Barrow: Corry had telephone communication with Barrow health clinician (Lois) and wrote her a letter. Arctic Sounder is the North Slope news rag.
- ❖ Whittier: post rotation for chairing the Whittier meeting. (posted on events and outreach)
- ❖ To communities with meetings we could mail out a questionnaire – “how’s your meeting going? “Can Region do anything for you?”
- ❖ Set up booths at AFN and the annual mental health convention (like “\$120 to set up”.)
- ❖ Broad mail out or even broad treatment center mail out may be province of PI.

## V. Communities and Struggling meetings

We volunteered to gather info for various communities.

| type     | Community      | member     | Local Contact  | LC phone | note         |
|----------|----------------|------------|----------------|----------|--------------|
| road     | Homer          | Christine  | Diane          |          |              |
| road     | Seward         | Christine  | Dennis & Donna |          |              |
| road     | Valdez         | Christine  | Larry k        |          |              |
| road     | Eagle River    | Dan Fo     | Guitar Dave    |          |              |
| road     | Whittier       | Daphne     | Shawn          |          | (non-addict) |
| road     | Kenai<br>Delta | Doug       | Christine W    |          |              |
| road     | Junction       | Karen P    |                |          |              |
| road     | Wasilla        |            |                |          |              |
| non-road | Kotzebue       | Arlene L   | ?              |          |              |
| non-road | Nome           | Arlene L   | Tony S         |          |              |
| non-road | Barrow         | Corry C    | ?              |          |              |
| non-road | Sitka          | Corry/Sean | ?              |          |              |
| non-road | Bethel         | Doug       | Peter A        |          |              |
| non-road | Ketchikan      | Doug       | John/Connie L  |          |              |
| non-road | Dillingham     | Doug       |                |          |              |
| non-road | Juneau         | Doug p     | Robert G       |          |              |
| non-road | King           |            |                |          |              |
| non-road | Salmon         | Jeff B     |                |          |              |
| non-road | Cordova        | Karen P    |                |          |              |
| non-road | Aniak          |            |                |          |              |

## VI. Follow Up:

- A. We are going to pull together (i) mailing address, (ii) contact person, (iii) phone number for the following entities for above communities
  - Health clinic or health corporation (NSHC in this case)
  - Police
  - Magistrate
  - Probation officer or parole officers
  - City Mayor (why start at bottom?)
  - Tribal President
  - Village Corporation
  - Libraries
  - School principles
- B. Campout location (we discussed Whittier, Seward but made no decision.)
- C. Bethel – White Booklet translation.
- D. Conduct some Public Relations work with institutions.

VII. Next Meeting is **December 8<sup>th</sup>**. 1:30 pm at the 3<sup>rd</sup> and Cordova site. Same site.