

AREA SERVICE COMMITTEE

6:30 p.m 1st Monday of every month
BP Energy Center, 900 E. Benson

SUB-COMMITTEE MEETINGS

Hospitals & Institutions

3rd Tuesday of the Month, 6:30 pm
Wings and Things, 36th and Arctic

Public Information

Sunday after the Area Meeting, 4 pm
Peggy's Café By Merrill Field

Activities

More Will Be Revealed

Literature

Contact Eric M. at 885-8009

Newsletter

Contact Nick B. at 202-1108

Our Area Servants

Area Chair	Ash	365-9345
Vice Chair	Doug P.	244-6030
Secretary	Melissa C.	529-7255
aascnasecretary3@gmail.com		
Treasurer	Frank Z.	242-6717
Alt. Secretary	Maike H.	440-3310
Alt. Treasurer	OPEN	
Literature	Eric M.	885-8009
H & I	Joe L.	744-4256
Public Info	Chris M.	764-4012
Activities	OPEN	
Newsletter Chair	Nick B.	202-1108
R.C.M.	Arlene	244-6919
Alt. R.C.M.	Kevin H.	223-1265

ALASKA REGION

P.O. Box 232635
Anchorage, AK 99523
www.akna.org

WORLD SERVICE OFFICE

P.O. Box 9999
Van Nuys, CA 91409
(818) 773-9999
www.na.org

Home Group Business Meetings

The Morning after Group
11:00 am - The Last Sunday of the Month
Peggy's Café, 1675 E. 5th Ave.

Roundabout

1:35 pm - Sunday before Area Meeting
3103 Spenard Road (Alano Club)

Clean and Serene

9:00 pm - Sunday before Area Meeting
Holy Family Cathedral - 818 W. 5th Ave.

Gong Show

7:05 pm - Last Thursday of the Month
3103 Spenard Rd. (Alano Club)

Frozen Chosen

8:30 pm - Last Wednesday of the Month
8141 Briarwood - Dry Dock

Out and About

8:45 pm - Friday after Area Meets
3103 Spenard Rd. (Alano Club)

NA Way Group

8:00 pm - Saturday Before Area Meeting
Central Lutheran Church, 1420 Cordova

NA at the VA

8pm - Third Sunday of the month
3001 C Street

Sisters in the Solution

1:00 pm, Sunday Before Area Meets
3103 Spenard (Alano Club)

Life Savers

3pm - Friday Before Area Meeting
Lutheran Church, 1420 N St. (15th & N)

Walk Your Talk

1:00 pm - Saturday before Area Meeting
Kaladi Brothers on Brayton Drive

Higher Ground in Wasilla

8:00 pm - Thursday after Area Meeting
Alano Club 901 Snohomish Rd

Eagle River Group

7:30 pm - Last Monday of the month
10111 Eagle River Loop- Joy Lutheran

907 Recovery

5:00 pm - Saturday before Area meeting
St. Mary's, 2222 Tudor Rd.

Claim Your Seat

7:00 pm, Wednesday before Area
Village Inn, on Spenard

The Valley NA Noon

1:00 pm - Last Wednesday of Month
Alano Club, 901 Snohomish Rd

*WATCH FOR THE FLYERS
AND CHECK AKNA.ORG FOR
UPCOMING NA EVENTS!*

NA Memorial Day Picnic



**Monday, May 29th
Jewel Lake Park**

11 am - 3 pm

Off of Jewel Lake Road
at the end of 88th Ave.

Free Hamburgers and
Hotdogs; \$1 Sodas

Bring a Chair!

All are welcome!

More will be revealed!

WHAT IS THE NA PROGRAM

NA is a non profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is they work. Basic Text Page 9.



**NARCOTICS
ANONYMOUS**

Anchorage Area Meeting Schedule

PO Box 92088
Anchorage Alaska 99509
May, 2017

24 Hour Helplines:

Anchorage 277-LIVE (5483)

**Alaska Toll Free
1-866-258-6329**

Web Page: www.akna.org

**All you need to "USE"
is the phone**

*"One Addict helping
another is without parallel"*

SUNDAY

10:00 - 11:00 am (Bus 45, 8)
The Morning After Group (O)
Peggy's Café, 1675 E. 5th Ave.

12:30 - 2:00 pm (Bus 3, 7, 36)
Roundabout (O, SS)
3103 Spenard Road (Alano Club)

2:00 - 3:00pm (Bus 3, 7, 36)
Sisters in the Solution (O, W)
3103 Spenard Road (Alano Club)

7:00 - 8:00 pm (2, 75, 102, 3)
NA at the VA (O, WC)
3001 C Street

8:00 - 9:00 pm (No bus past 6 pm)
Clean and Serene (O, CAN)
Holy Family Cathedral, 818 W. 5th Ave.

9:30 - 10:30 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

MONDAY

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

Noon-1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

2:00ish - 3:00ish pm (Bus 3, 7, 36)
Lifesavers (O)
Lutheran Church, 1420 N St. (15th & N)

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:00 - 7:00 pm (Bus 3, 7, 36)
Gong Show (O, TS)
3103 Spenard Road (Alano Club)

6:30 - 7:30 pm in Eagle River
Eagle River Group (O)
10111 Eagle River Loop– Joy Lutheran

7:30 - 8:30 pm (Bus 60, 2, 7, 9)
Frozen Chozen (O, WC)
8141 Briarwood (east side of building)

9:30 - 10:30 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

TUESDAY

6:30 - 7:30 am (Bus 3, 7, 36)
Our Gratitude Speaks (O)
3103 Spenard Road (Alano Club)

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

Noon-1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:00 - 7:00 pm (Bus 3, 7, 36)
Gong Show (O)
3103 Spenard Road (Alano Club)

7:00 - 8:00 pm (New Meeting!)
Living Right (O, CC, WC)
Jewel Lake Villa Apts., 8980 Blackberry St.

7:30 - 8:30 pm (Bus 60, 2, 7, 9)
Frozen Chozen (O, WC)
8141 Briarwood (East side of building)

8:30 - 9:30 pm
Better Life (O)
New Life Center, 3916 E. 9th Ave.

9:30 - 10:30 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

WEDNESDAY

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

Noon - 1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

2:00ish - 3:00ish pm (Bus 3, 7, 36)
Lifesavers (O)
Lutheran Church, 1420 N St. (15th & N)

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:00 - 7:00 pm (Bus 3, 7, 36)
Gong Show (O, Popsicle)
3103 Spenard Road (Alano Club)

6:30 - 7:30 pm in Eagle River
Eagle River Group (O)
10111 Eagle River Loop– Joy Lutheran

7:30 - 8:30 pm (Bus 60, 2, 7, 9)
Frozen Chozen (O, WC)
8141 Briarwood (east side of building)

9:30 - 10:30 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

THURSDAY

6:30 - 7:30 am (Bus 3, 7, 36)
Our Gratitude Speaks (O)
3103 Spenard Road (Alano Club)

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

Noon - 1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:00 - 7:00 pm (Bus 3, 7, 36)
Gong Show (O)
3103 Spenard Road (Alano Club)

6:15 - 7:15 pm
Clean and Serene (O, SS, WC)
St. Anthony's Church, 9th and Klevin

7:00 - 8:00 pm (2, 75, 102, 3)
NA at the VA (O, WC)
3001 C Street

7:30 - 8:30 pm (Bus 60, 2, 7, 9)
Frozen Chozen (O)
8141 Briarwood (east side of building)

9:30 - 10:30 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

FRIDAY

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

Noon - 1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

2:00ish - 3:00ish pm (Bus 3, 7, 36)
Lifesavers (O)
Lutheran Church, 1420 N St. (15th & N)

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:30 - 7:30 pm in Eagle River
Eagle River Group (O)
10111 Eagle River Loop– Joy Lutheran

7:30 - 8:30 pm (Bus 3, 7, 36)
Out and About (O, WC, Popsicle)
3103 Spenard Rd (Alano Club)

11:00 pm - 12:00 am
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

SATURDAY

Noon - 1:00 pm (Bus 9, 45, 60)
Walk Your Talk (O)
Baptist Church, 1200 E 27th Ave

Noon - 1:00 pm (Bus 3, 7, 36)
Roundabout (O, Popsicle)
3103 Spenard Road (Alano Club)

4:00 - 5:00 pm (Bus 1, 2, 75)
907 Recovery (O, TS, SS)
St. Mary's, 2222 E. Tudor Rd.

6:30 - 7:30 pm in Eagle River
Eagle River Group (O)
10111 Eagle River Loop– Joy Lutheran

7:00 - 8:30 pm (Bus 2, 13, 15, 75)
The NA Way Group (O, WC)
Central Lutheran Church, 1420 Cordova
Saturday before Area; **7-8 pm** (SM)

11:00 - 12:00 pm
Claim Your Seat (O, CAN)
3103 Spenard Road (Alano Club)

11:30 pm- 12:30 am
Just for Tonight (O)
St. Mary's, 2222 E. Tudor Rd.

WASILLA

Tue, Thurs, Sat, and Sun 7-8 pm,
(O, NS), Higher Ground
Alano Club, 901 Snohomish Rd

Monday Through Friday 12-1 pm
(O, NS) The Valley NA Nooner
Alano Club, 901 Snohomish Rd

Monday, Wednesday, Friday 7-8pm
And Saturday 2:30 - 3:30 pm (TS)
(O, NS) Eighth of Hope
Young People's Meeting
Alano Club, 901 Snohomish Rd

MEETING LEGEND

(O) Open (SS) Step/Tradition
(C) Closed (SM) Speaker
(M) Men's Meeting (WC) Wheel Chair
(W) Women's (CAN) Candlelight
(TS) Text Study (CC) Childcare