

Anchorage Area Service Committee of Narcotics Anonymous
May 3, 2010

Moment of Silence to reflect on who and why we serve followed by the Serenity Prayer at 6:32 pm by Shelly. Service Prayer by Glenn, Decorum Statement by Donna, Josh read the Twelve Traditions and Howie read the Twelve Concepts.

Roll Call – Vice Chair ___16___ of 21 GSRs present

Recognition of new groups – No More Bent Blinds, Saturday 5:30 pm in Palmer, 415 S. Bailey St. Contact

Amendments to the Agenda

ADMINISTRATIVE COMMITTEE REPORTS (written reports on file)

Chair – Learning how to play with others is more than learning how to play with others, it is learning how to play in conjunction, collaboration and in cooperation with others. These spiritual principles bring to mind the following concepts. Concept #1 tells us that to fulfill our fellowship's primary purpose the NA groups join together to create a structure which develops, coordinates and maintains services on behalf of NA as a whole. And Concept #9 reminds us that all elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making process. These 2 Concepts jumped out at me, upon reflecting the past and future of NA service in the Anchorage Area. We are coming up on a time of lots of activities that we get to participate in (practicing unity, Tradition I) and it reminds me that I as an NA member and as a service member of this Area I have the responsibility and honor to demonstrate, as others before me, the spiritual principals that influence attraction rather than promotion. For any time I am complaining about any service I am promoting a different agenda then spiritual unity. With the Concepts and Traditions in mind, I bid you to play with others well.

Vice-Chair – no written report

Secretary – no report, motion to approve last month's minutes made by Frozen, seconded by Lifesavers, passed 16-0-0.

Treasurer – On 4/30, the balance in checking was \$1614.68, 1% donation to World and Region is \$16.15 each, last month's donations were \$450.00. Literature order was \$393.18 and PI lit. order was \$372.74. ACS paid thru 6/23 and Best Storage paid thru 6/12.

GROUP REPORTS (written reports on file)

Clean and Serene – Joe: Lotsa recovery going on. We have between 60 and 70 addicts attending. We have no nominations and are donating \$50.00 to Area.

Dynamite Thursday Night – Dan: Attendance is good (10-15 people), no donation this month, the rent is paid and all is well.

Eagle River Group – Brayden: We have \$10.00 for Area this month, our bills are all paid and we have literature in stock. We have been averaging 4 -6 addicts on Mondays and 10-16 on Fridays (1 to 2 newcomers).

Life Savers – Donna: Our average attendance is 10-12 addicts, we are financially solvent, and we are donating \$20.00 to AASC. Anna has been elected as the Group's Alternate GSR.

NA at the VA – absent

No More Excuses – Tressa: We have 20 active members with 1-2 newcomers. Growth is steady. Group is working on filling subcommittee positions. Donations will be made for coloring books, crayons, and other in-meeting activities for children present at meetings.

Nothing in the Windows – absent

Out and About – Mary: For the month of April we had 237 in attendance of which included 10 newcomers and 0 visitors, averaging 47 addicts at each meeting. For April we celebrated 82 years, 1 month and a few days between 8 addicts. We had \$163.00 for 7th traditions, our rent was \$80.00, our cake expense was \$19.99, and we are donating \$25.00 to Area. Because Out and About is one of the biggest meetings in Anchorage, we would like to request more addicts to join our home group as members for more voting and less abstaining at Area.

Recovery Connections – Jason: Attendance has been 10-20 people, we have service positions available, and donating \$7.00 to Area.

Recovery First – Mike: Now that summer is upon us meeting attendance is expected to rise. Come on out and enjoy the scenery that reminds me why I live in Alaska. We have \$35.00 to contribute to Area.

Round About – Angelique: We are donating \$75.00 to Area and donating \$25.00 to Rally in the Valley and \$25.00 next month for Rally in the Valley. We have started a lit. study on Mondays and voted to have greeters at meetings. We have at least 25 – 40 people at our meetings.

Saturday Night Live – Glenn: Area donation \$15.00, 10 or more people each meeting, currently trying to fill different temp. and permanent positions in the group.

Soul II Soul – Mare: We average 15 addicts per meeting and have a \$25.00 donation for Area. ILS, Mare

The Frozen Chosen – Howie: All is well. Meeting attendance is steady and treatment centers continue to show up in full force. The 6th annual Prom went great. Big thanks to Jeff B., our speaker and the prom committee for all their efforts. We have \$100.00 donation to Area, included in this donation is last month's donation which I was unable to turn in. Donna W. was the winner of our Icicle Award.

The Gong Show – Amy: Meetings at the Gong Show continue to go well. We have an average of 15-30 persons with 1-3 newcomers. The Gong Show is donating \$10.00 to Area and we have \$115.00 in prudent reserve. Our meeting is going to change its format to include a speaker meeting on the 3rd week of the month. Rob S. is going to be the speaker and we will also provide pizza that night. It is our hope to attract home group members to the Gong Show. It is a good meeting and we believe at a great time of the day to hold a meeting. I am asking the GSRs to announce the speaker meeting so we can have a good turn out on that evening.

The Morning After – Sean: We have a very strong NA message at our meetings, normally 10-25 addicts. We have \$120.00 to donate.

The NA Way – Rob: This is a 1½ hour meeting [7-8:30p] without a break, except on the Saturday before the Area meeting which is a one hour speaker meeting [7-8p]. The NA Way business meeting directly follows the speaker meeting. Rent is paid through April. The NA Way has NA literature for sale. We have \$10 donation for Area this month. Our attendance ranges from 25 to 40 members per meeting and several treatment centers attend our meeting regularly. The NA Way has group positions available with no clean time requirements. Our group is planning a spaghetti feed in June in the hopes of attracting new members, details to be revealed at a later date.

Valley NA Nooners – absent

Walk Your Talk – Ken: Attendance 10-20 each day, donating \$25.00 to Area, our meeting is strong and active.

WTSOD – Angelo: Attendance has been great; we have had an average of 10 members per meeting. We are still trying to come up with more money for Literature. We have \$25.00 to pass on to Area.

SUBCOMMITTEE AND ASRC REPRESENTATIVE REPORTS (written reports on file)

H&I – Our last business meeting was on April 29th with approximately 10 persons in attendance. Our next business meeting will be on May 27th. We have \$16.09 in reserve funds and received \$199.90 in Literature from Area for the month of April. All our facilities are doing well. There will be an H&I Workshop on May 8th, that's this Saturday, at the Freedom Frog Building located on 3rd & Cordova Streets, from 1 - 4pm. Pizza & sodas will be provided. On that note I would like to request \$50 from Area for the food and drinks. The workshop will consist of a Power Point presentation on H&I policies, procedures, do's & don'ts, etc.... We will have a mock H&I meeting consisting of Panel members & attendees to give everyone who has never been to an H&I meeting an idea of what one is like, what not to say and do, and what should be said and done. This should be lots of fun! We will also talk about H&I needs, such as Panel Leaders, Panel Members, Guest Speakers, Officer Positions, requirements needed for these positions and facilities that are in need of committed people and facilities we would like to bring online. I am appealing to all GSR's to pass the word out to your home groups about this Workshop and to have a GSR present at the Workshop as well. I've printed out flyers for all the GSRs; sorry my color ink ran out. Also, this event is posted on the AK NA Website. Highland Mountain Correctional Center will be having an Orientation on May 12th for

anyone who has been cleared to go to H&I meetings. This orientation must be done before they are allowed to attend H&I meetings. There should be an H&I meeting following this Orientation on the 15th of May. Thanks to everyone with H&I for continuing to do an excellent service and thanks for letting me be of service! Convention – We are making awesome progress. I can say everything is on schedule. The next event is the Half-Vention on May 22, 2010. It will be held at the Crosspoint Church in the Burlington Coat Factory Mall. Look for the flyers. Registration is up and running, we have also incorporated “PayPal” again this year, just go to akna.org then “convention” and follow the prompts. If you pay registration fee for ARCNA at the half-vention, you get the half-vention FREE!! See ya’ll there. As an announcement, the final fund-raising event will be August 13, 2010. Lip-Syncing Fun Night. At your next home group meeting, take a group conscience and choose a song along with a “stage name” to perform at this event. Send it with your GSR’s for June’s Area Meeting to be turned in to ARNCA. This is a regional event, so all home groups in the Alaska region are invited to show their unity and support. P.S. At this August Event this will be when we pick the winning raffle ticket for the ARCNA full convention package which go on sale at the half-vention. Any Questions call Catelyn 744-0774.

PI – The regular PI meeting was held 4/11 at Peggy’s Café. Summer presentations at Alaska Human Services were discussed and tentative commitments were made to facilitate thru August. The next presentation will be this Thursday, May 6th at 5:30 pm; if you would like to participate please contact Joe C. Plans were made for the NA exhibit at the Annual School of Addiction Studies which began today, May 3rd and continues May 4th and 5th. Jeff B. is coordinating members to be at the exhibit throughout the school. Anyone interested in this service can find Jeff at the School at the Sheraton Hotel. Joe C. made a literature order to fill PIs inventory and on Sunday took the needed supplies to the exhibit. Jack S. and other members will take down the exhibit Wednesday afternoon. Expenses: reimbursement is requested to Joe C. \$372.74 for literature and \$236.56 to me for April schedules (\$86.56) and the non-profit fee for the School (\$150.00). For most PI activities there is no clean time requirement: everyone is invited and all help is appreciated. Since the regularly scheduled meeting will be on Mother’s Day, the meeting has been moved to Sunday, May 16th at 6 pm at Peggy’s Café, this is a mail-out meeting. It is an honor to be of service and continues to be a most valuable learning experience. If changes need to be made to the schedule, please give this information to the PI Chair.

Newsletter – open

Activities – open

Literature – Absent

RCM – Currently out for review of the Living Clean book project are the following: Chapter 3 – Living Spiritually, Chapter 4 – Our Physical Selves, and Chapter 5 – Relationships. Go to http://www.na.org/?ID=Living_Clean_Project and you will see the Review and Input Material and Session Profile links shown below. For instance you can download chapters 3, 4, and 5 if you click on the “Review Drafts of Chapters Three, Four, and Five”. You can do service by reading the material and commenting before June 30th. Importantly, the review and input period ends on June 30th.

Review and Input Material: [Cover Memo to Review and Input Packet on Chapters Three, Four and Five](#), [Review Drafts of Chapters Three, Four and Five](#), [Complete R&I Packet on Chapters Three, Four and Five](#), [Online Input Questionnaire on Chapters Three, Four and Five](#)
Session Profile: [Living Clean Topic Outline](#), [Outline Session Discussion Notes](#), [Chapters Three, Four and Five R&I Session Profile](#), [Living Clean Review & Input Session Profile](#)

Old Business

Susan for PI Chair – Passed 17-0-0

Frozen Chosen made a motion to pay PI the funds of \$500.00 and the additional \$100.00 requested. Intent: to pay the PI bill. Passed 17-0-0.

New Business

Kathy W. for Regional Vice Chair – nominated by The Morning After group. Service Qualifications: I have a working knowledge of the twelve steps, twelve traditions and twelve concepts. I also have a working knowledge of the Anchorage Area and Alaska Regional guidelines as well as Robert’s Rules of Order. I have 24 years of continuous clean time. I have a sponsor, a loving HP in my life and attend meetings regularly. I work with others and I never turn down a reasonable NA request. I am a strong believer of giving back which was freely given to me. Home Group: Walk Your Talk, Clean Date: 4/27/1986. Group Level Service positions held: Ash tray cleaner, coffee maker, treasurer, secretary, literature and GSR and any other service my home group needed at the time. Area Level Service Positions held: Chair, Vice-Chair, Secretary, Treasurer and have been a member of all subcommittees at some point in the past 24 years. Regional Level Service Positions held: Convention Committee Chair, Vice Chair, Programming, Registration, Convention Information and have been a subcommittee member on all of the subcommittees as some point in the past 24 years. I have also been the Regional literature rep, RCM and alternate RCM for the Anchorage Area. I do not take my service commitments lightly. I set myself to a high level of accountability and if I accept a nomination I will follow through to the best of my ability to fulfill that obligation. I see myself as an asset to our service structure and have the ability to follow the spiritual principles of our traditions and put NA as whole above personalities. I believe that the most important service positions are the greeter “Welcome to NA,” that first person the new comer sees and the coffee maker.

Tami M. for Activities Chair – nominated by Frozen Chosen. Clean date 11/26/2002. Personal level: I have a working knowledge of the 12 steps, traditions and concepts. I have a sponsor and I go to meetings regularly. My home group is Frozen Chosen. Group level: I have had various positions at the group level over the last 20 years to include: ashtray washer, coffee maker, secretary and alternate GSR. I am currently the secretary and prom committee chair for Frozen Chosen. Area level: I have served with PI, helped organize two Learning Days in Anchorage and one in Fairbanks. I served one term as the Entertainment Committee Vice Chair and two consecutive terms as the Entertainment Committee Chair. I am familiar with Anchorage Area Guidelines. Region level: I have attended many Region Committee meeting and Convention Committee meetings and am familiar with Alaska Region guidelines. I am honored to be considered to fill the position of Anchorage Area Activities Committee Chair and if elected I will serve to the best of my ability.

Motion to close by Frozen Chosen.