When at the end of the road... We do recover!



FRIDAY OCTOBER 5TH, 2018

SATURDAY OCTOBER 6TH 2018

Registration opens 4.00pm			Main lobby	Kai Chi Do	8.30 – 9.30am	Harbor Room
Dinner		6-7.30 pm	Quarter Deck	Workshop 1	10.30 –11.30 am	Harbor Room
Speaker Meeting		8-9.00 pm	Quarter Deck	Workshop 2	10.30 - 11.30	Quarter Deck
Activities		9.30-11 pm	Quarter Deck	Lunch	11.30 – 1.00pm	
Midnight speaker		12-1.00 am	Quarter Deck	Workshop 3	1.00 – 2.00 pm	Harbor Room
NArathon Starts		2.00 – 8.00 am	Harbor Room	Workshop 4	1.00 – 2.00 pm	Quarter Deck
				Men's Meeting	2.30 – 3.30 pm	Harbor Room
SUNDAY OCTOBER 7 TH , 2018			Women's Meeting	2.30 – 3.30 pm	Quarter Deck	
	8.00 – 10.am					
Breakfast	8.00 - 1	0.am	Quarter Deck	Regional Meeting	3.45 – 6.00 pm	Harbor Room
Breakfast Speaker	8.00 – 10 10.30 – 1		Quarter Deck Quarter Deck	Regional Meeting Laughing Yoga	3.45 – 6.00 pm 4.00 – 4.30 pm	Harbor Room Quarter Deck
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Speaker			•	Laughing Yoga	4.00 – 4.30 pm	Quarter Deck
Speaker			•	Laughing Yoga Saturday Banquet	4.00 – 4.30 pm 600 – 7.00 pm	Quarter Deck Quarter Deck
Speaker			•	Laughing Yoga Saturday Banquet Main Speaker Meeting	4.00 – 4.30 pm 600 – 7.00 pm 7.00 – 8.00 pm	Quarter Deck Quarter Deck Quarter Deck

Please remember at all time to respect both the hotel and its staff.

If you have any problems or concerns, please contact

Chairperson Audrey C 907 690-6094

Hotels Dennis A 907 362-0249

Remember Checkout is @ 12.00pm