

## **WSZF 2019 SAN DIEGO**

**January 25, 2019**

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**California Collaboration:** 10:00am

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Art opens with the serenity prayer

**Art:** Six Zones ago, we started talking about the Zones in CA collaborating H&I, PR, and others to have a regional map, have a website where people could click on places and find information in the California regions.

Several Domain names were considered, and wanted a map, a better map detailing the Regions. Art took the map task on. And, is almost done. Sierra Sage is included because they have some part in CA. Everyone sent in a regional map and will get Sierra Sage. The map is almost complete. He will get that to everyone. Talked about the map and website and connected H&I and PI.

**Don:** originally talked about a master calendar for Regional Conventions in the website. We want to not have the conventions on the same weekend. Insurance was discussed. Did a presentation in AZ. Philadelphia insurance can get regional insurance, 50 States wide? NorCal pays a lot for their insurance, and this insurance will be ½ the cost that NorCal pays now. Mid State had a need. So, Cal is already with Philadelphia.

**Art:** Insurance for most of CA and the regions. Master Calendar was a discussion but did not vote on. Welcomed the CA Inland Region. Kia – new AD for Northern Idaho and welcomed to the Zone. Steve R and Mary Ellen and David from NAWS are here. Some visitors as well. Ami and Sheryl and Rodney are visiting.

Recognizing hands (no written agenda), wants to ask about what we are going to discuss. Don and Dave and Mike want to discuss.

**Mike:** his region doesn't have a lot of knowledge regarding the CA collaboration. Wanted to know if there's any budgetary needs,

**Art:** No budgetary needs. Finalize website name, and a domain administrator. Mike is invited to be a part.

**Don:** 8 out of 13 regions have some meetings in CA. Sierra Sage and Region 51. Have a work group. Wants a majority even if no all regions participate. Insurance is available in all areas/region. H&I and do a presentation to the entire state. NorCal contacts that may parlay. How can we relate on a full state scale? Imperial Valley – uncovered prison. With our zone we can participate with the prisons. There's a need for us to be present. We need as much value in our Zone, we deliver results. The form would be enhanced if we put as much as we can to the forum. We wouldn't need admin or funding.

**Art:** Asked for facilitator to put this in a discussion as part of our Zonal meeting later.

**Don:** Yes. We can discuss more.

**Art:** Making CA collaboration a work group. Is there any discussion.

**Michael:** goals and vision for CA Collaboration H&I and PI and insurance and website, a model for what a zone can be. Expand to the entire Zone. Go to Zonal collaboration.

**Dave:** Objection, to have people going outside CA. We deal with state officials and start sharing that information and working with each other within the state of CA. Take a look for the Zone but doesn't want to lose the focus of the CA Collaboration. Making a work group as a zone instead of the CA Collaboration, would lose the focus.

**Art:** The Zone has purchased Zoom. CA Collaboration, would be able to use the Zoom account for the CA Collaboration. We could use another CA Zoom account.

**Steven:** CA Collaboration, has a good idea about what's going on, but there's no guidelines. Purpose for all the CA regions can be on the same page. Wants clarification.

**Art:** We would like to have a central location; website is what he means. Where all the Regions in CA (discussed Region 51) have a site where all the regions could put their best practices, have maps, and allow professionals to click on there and find information on NA and the CA regions. Also, we can grow participation we can connect H&I and PI to help each other, and that's the vision and direction we are going in.

**Vince:** How many regions are committed. Wants to jump in. Has a large geographic are in CA. He doesn't want to be excluded. Wants to be in on the CA Collaboration. Wants to make a decision and wanted to make sure there's a decision.

**Dave:** 4 out of the 6 have been very supportive. Serna has gone back and forth and Cal mid-state back and forth. Website idea is a good idea for state wide. Getting the benefit of all regions.

**Don:** We don't want to lose focus. Six years and barely have a map. Presentation opportunity to the state but can't go forward. Need to move forward. NorCal, they see value in CA collaboration. Two biggest regions have negative, but don't need to be part of the CA Collaboration. We need to parlay. We can save on funding and more people to lead the way. Six years we have lost focus. We started over when San Diego hosted WSLD's. Talked about what we could do together. H&I and PI. Insurance. Why do we need to recreate two entities? Other regions outside CA can use our information and CA Collaboration could be used other places as an example. And we could share with another zone.

**Art:** Think it would add value, but Dave believes we could lose focus.

**Dean:** Our region doesn't want to be in if this doesn't come to fruition.

**Art:** Understands Julie's frustration because we aren't moving forward.

**Eileen:** World Board members if they know other Zones that have similar ideas of collaboration. Maybe to model after. How they are making it work. Are there other zones we can look at. Other zones that are doing way more than what we're doing.

**Art:** This is just about California. Texas has a collaboration. Our zones are moving forward.

**Eileen:** Some are saying this is a workgroup or what does other zones do and examples.

**Steve R:** Zone is trying to gather on PR but not sure if there's other zones that are doing similar ideas like CA Collaboration.

**Maryellen:** This is more of a US and multiple zones.

**Steve R:** What is the function of the zone and is this meeting just for this room? EDM and others that are zones that focus on geographic and efforts to collaborate and have PR and services to geographic areas of their Zones.

**Maryellen:** We are unique group to join together these services, where other Zones that are already joined.

**Art:** The size of CA.

**Maryellen:** Six regions in CA.

**Theo:** Pacific Cascade, OR Dunsmire three towns in CA, what ever model CA Collaboration takes, needs to be shared and immediately in the zone. The map of the zone would be very helpful. We have neighboring regions where we overlap on events and such and look around our neighborhood and the ideas of having maps and websites to eliminate overlapping. Carry out our services.

**Dennis D:** Sees a need for this. Concern: the idea we only do this once a year, and with the changing of the guard we lose momentum and we repeat the same thing over and over. We have zoom and start communicating, let's do a quarterly meeting so we can get together and take some action.

**Dave:** Six years and blah, blah, blah, a lot of it has to do with the Zone, CA Collaboration, RD's already have big jobs, and are busy, and hold other positions. The RD's when they say they're going to do something they need to do it. Via email nothing happened on the workgroups. Non-participation is an issue, but we are still coming along. We need to focus on the CA Collaboration. We could have a google group as well.

**Art:** Wider view.

**Laura:** To Dave to be clear on what this looks like.

**Dave:** Wants contact info on H&I and PI contacts in our CA Collaboration and host a webinar and getting with them all to discuss what's going on and what's not being served and who needs help with meetings and literature and get this going. Get it going by offering to focus on this and willing to administrate this. Monterey WSLD not enough people didn't get enough participate but wants to get everyone involved and get the ball rolling.

**Vince:** Feels like he's on the outside looking in. Clear to him that we are not moving forward. Could be resolved right here and now and make a decision. We can then move forward.

**Steven:** Contact information for the zone? Will get contact information on Loomio (from Don).

**Art:** Discussing all who are participating. Missing one region and then we will have a map and work on a Website and send to Mike. Then will have that done!

**Vince:** Region 51.

**Art:** Region 51 has never participated and Pacific Cascade is that they only have a small portion in California. We have the website and domain name that is paid for, gifted to us. Dave volunteering for

H&I and PI. Would like to continue with CA Collaboration if it's a workgroup after his RD term is done. All 7 regions are here. Is it independent of the zone? Or meet during the zone?

**Laura:** Is it independent of the Zone or is it a workshop of WSZF.

**Art:** Is the CA collaboration independent. No hands except Art.

**Eileen:** Doesn't understand what's going on.

**Laura:** Great information to have. Let's ask a question. How many of CA collaboration to be a workgroup of the WSZF. 3 no, 2 yes, 2 abs. Let's talk about it. If not, a work group what is the relationship to the Zone.

**Mike:** Doesn't know enough to make a clear decision. Doesn't have enough information. Will still accomplish the same goals where ever it is.

**Don:** out growth of the SSP. Brazil Russia CA Texas and NY. Vote in a CAR, or discuss in the next cycle and nothing came of it, 2014 and 2016. Could we lose focus, can we have a work group larger geographic area only handle a subset of struggles. Join regions and put on a huge convention. We wouldn't have to merge regions to supply functions in need by crossing or joining regions. Try to accomplish this in this year by using Zoom meetings during the year; quarterly meetings where committees could share information and help each other. Could be 9 of 13 regions and share information, and we could still share with the other four, and could discuss with Texas.

**Dave:** Texas has state committee working towards something similar. Don and he have a different understanding. Doesn't believe it's from the SSP but the Guide to local Service instead. We can do these things and not break away. CA should be its own Zone. But rather form an intermediate body the CA Collaboration as not a part of the Zone. We only focus on CA. Kentucky serves their function and state. There's two distinct entities: WSZF and CA Collaboration. Believes strongly we don't lose focus. Keep them separate, but we can share information. We can have our meeting with the zone annually because it makes sense.

**Ami:** What is the workgroup looking like, what are we doing, wants more information. Got some answers from Dave, but what the workgroups are going to do.

**Art:** Workgroup: one aspect of what the zone is doing. (read from example). 7 regions sharing information that's been discussed.

**Ami:** Events calendar.

**Laura:** Do current workgroups have other members other than people from the zones.

**Art:** No only zonal members.

**Kia:** Not part of California but has a concern the purpose of the zonal forum purpose and the CA collaboration, seems like the CA collaboration is a big job. Their area is trying to get linked up. Just working through the zonal forum, may take attention off the zone because of the CA Collaboration. How often are we going to meet; where, often, and purpose. Make a purpose statement of what it is.

**Michael F:** Where it began; H&I and PR from WSLD. Done at the places where we meet: WSLD's and WSZF's. In the future when it's functioning, is it going to be made up of RD's? Is that the best idea to

have only them be in the CA Collaboration committee. What's our mission, trying to make structure of services? We should have the H&I and PI people involved. We are forming groundwork so they can function in the future. Build something that others can take over.

**Art:** He agrees, building framework, and someone else takes it over. We started here. We don't have a mission or purpose statement. We just wanted to collaborate within CA. Is CA Collaboration separate or a WSZF workgroup? Is it separate (straw poll): 7 believe it is separate. 2 believe that it's with the zone. Makes sense we meet here at WSZF and WSLD.

**Laura:** H&I, PR, and other services for the CA Collaboration to serve the areas involved, which is a clear focus. Almost a mission statement.

**Julie:** Sierra Sage wanted that part on the map. Been going on for six years. Redundant, and wants different people accountable and wants other people to take charge of the projects.

**Steven:** Goes to RSC next week and explanation of CA Collaboration is being a separate from the zone adds value. Function is a collaboration and a discussion. That's what we are supposed to be doing.

**Art:** People continuing to serve even though Julie believes we need different people. Has the map ready to go as soon as he ads.

**Dave:** Sends information, and meeting quarterly on Zoom, and is willing to send out to RD's and meet. Make Art a facilitator on the Zoom meeting and move forward. Will update on who didn't send the information. Believe in the collaboration then send H&I and PR information to Dave and meet quarterly.

**Art:** Is willing to facilitate if they all agree. Can we agree CA Collaboration, we will meet in three months on zoom, and Dave will send out the invites and Art will facilitate?

**Vote:**

**Meet in three months to Zoom: 7 yes.**

**Art to facilitate: 7 yes.**

**(Dean is going to take notes.)**

**Laura:** purpose statement. Form a structure that CA Collaboration: PR/PI, H&I and other services can use to support, facilitate, and collaborate their service efforts.

**Art:** We are adjourned. 11:25.

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**WSZF Starts:** 1:30pm

**Laura:** Open with Serenity Prayer

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**Laura:** (Facilitator) Go around the room and introduce themselves.

Dave: Assistant Facilitator

Dennis: Central Cal AD

Don: San Diego Imperial RD

Dean: CMSRNA AD

Steven: CIRNA AD  
Mike: CIRNA RD  
Theo: Washington-Idaho RD  
Kia: Washington-Idaho AD  
Robert (Big River) Rio Grande RD  
Rodney: Observing AZ  
Mandy: Alaska AD  
Moe: AZ RD  
Maryellen: World Board  
David: NAWS Staff  
Steve R: NAWS Staff  
Denis: Region 51 AD  
Tina: Region 51 RD  
Eileen: San Diego Imperial AD  
Vince: Sierra Sage AD  
Sheryl: Visitor Sierra Sage  
Ami: Visitor Sierra Sage  
Doug: Pacific Cascade RD  
Art: SoCal RD

**Laura: REPORTS** (should all be in Loomio)

**Vince:** Sierra Sage - Report (Dean to upload his report into Loomio)

**Tina:** Area 51 - Report

**Mandy:** Alaska - Report

**Discussion for Mandy's question:**

Laura: Mandy asked: Benefits are sending AD to learning day and Zonal Forum. Tina: Coming to the zone was priceless able to build relationships, then went to the conference and was better prepared because of going to the zone. Made her a better delegate. WSLD, we have that face time together and share with each other. And, have the comradery. Don: WSLD a place where delegates are able to present and discuss with each other again, not just at the WSZF. Can't talk enough about how neat it is to talk to people at the WSLD as the ability to connect with so many people, and then see them at the conference. We network: go to meetings together and have meals together. To gather more information as well, and taking the information back to their groups, super important to bring that back. Michael: Networking within the Zone and helpful RD's be better at their jobs. We help each other. We bring back info to Region. Doug: Having members mentor us as we come into the WSC and was a little terrified. If he would have been able to be at the WSLD and WSZF before the WSC would have made it easier for him to walk into that situation at the WSC. Art: Continuity. As the AD comes in, mentored and seeing how it works. They will know who is who and what is what. Moe: Having mentorship is a benefit and learning. Makes him a better servant. Steven: Benefit of sharing the load between the delegate team.

**Moe:** AZ Region – Report

**Discussion for Moe questions:**

Michael: We are a non-profit. Dustin: MAT. Theo: questioned invested in a money market.

**Robert (Big River):** Rio Grande – Report

**Theo:** Washington-Idaho – Report

**Discussion for Theo questions:** Michael: Apathy in service issue, how did that change. Theo: usually take 3 to 4 car loads to region, and they do a lot of service, email, phone, PowerPoints, and call region a party

weekend. Even when difficult discussions arise. They are positive about their Region meeting and happy about it, and excited! Amy: how many meetings. Dustin: party weekend, changing the mindset. Do they provide food. Theo: delegate grilling, if you come early and you can grill your delegates, and they buy pizza, and people contribute. 10-15 to 40-50 people there.

**Mike:** CIRNA – Report

**Discussion for Mike questions:** Laura and Dave asked how the \$300 per region is used to pay for the facilitator's expenses, as it's been voted on. Will do a report and put on Loomio the expense with an accounting. Art: talked about SoCal not wanting to pay it, and he brought it back to them, and they said no, after three times, they said yes. Steven: Incoming delegate team and not a lot of communication with their RSC. Communication is super important and we should be diligent about it. Dave: 27 minutes left in the session and not even half reports.

#### **Additional People to welcome that came in later:**

Scott – Imperial County Visitor

Liliana – Pacific Cascade AD

Julie R – CMSRNA RD

Michael F – NorCal AD

**Don:** Imperial County – Report

**Discussion for Don questions:** Michael: How come you have so much money in the bank. Don: We have prudent reserve higher than the \$ we have.

**Michael:** NorCal – Report

**Doug:** Pacific Cascade – Report

**Art:** SoCal – Report

**Dennis:** Central Cal – Report

**Julie:** CMSRNA - Report

**Laura: 3:01pm Break**

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#### **Laura: Open meeting with the serenity prayer. 3:33pm**

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Prioritize the topics. Four came out as the top topics.

#### **Envisioning our future:**

**Laura:** What are the needs of the Zonal Forum? Trying to find areas of need for which zonal workgroups for the planning process where the zonal workgroups will come. What can we do?

- 1) Fellowship Development.
- 2) Depth to guidelines – ability to make mid-cycle decision making and tools.
- 3) Continued work on the Guidelines.
- 4) We need to meet more than once a year using our Zoom account (quarterly).
- 5) Former RD's and visitors – can they participate on Loomio.
- 6) Planning process. Maybe making a decision after World puts on their presentation tomorrow regarding planning.
- 7) What is the value for WSZF? Region hosting, what do they want us to bring. How to serve the local fellowships in hosting cities.

Which of these are going to require a workgroup: 1) Guidelines 2) Decision Making mid-cycle?

Participants have always been the RD's and AD;s, should we expand on that?

Art: Because of changes and turnover, former RD's enhance our workgroups? Tina: with just RD's or everyone. Art: You have to be a former RD. Laura: former RD's and AD's serve but not have a voice unless they're in a workgroup. Julie: more fellowship development, and allow outside members to participate (local fellowship). Mike: How are we going to get these people to the WSZF. How we going to use Loomio. Art: Meet virtual, but participate at the zonal forum; attend or zoom in. Don: Point of information, can create sub-groups on Loomio on the WSZF. Point out NAWs language, internal and external. Guidelines limited to existing or former delegate team members (RD & AD). External workgroups, fellowship development. We're all trying to get more people to be involved with the zone, and ascend into the positions of delegate. Maybe served in the zone. Or live in the zone. Tina: should live in the zonal area if ascending. Michael: not talking about virtual groups. Alaska, we decided to let them share and ask questions. In a discussion manner. Laura: not in a business session for participation of locals. We're focused on participation in workgroups.

**Participate in Guidelines:** Laura:

On workgroups meeting virtually. For external workgroups – open to member who live in the zone. For internal workgroups – current or past RD's & AD's.
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**Topic 1: Envisioning our future**

Art: How to serve the local fellowships in the guidelines. Guidelines workgroup and tech workgroup (to train and teach how to use our Loomio/zoom/etc. Sheryl: are we creating guidelines or expanding. Laura: expanding guidelines. Art: Can we get these approved and get them in instead of going back and forth to the regions. And, just be approved by this body. Laura: guidelines belong to this body. Moe: orientation – make an orientation package? Art: an explanation is sufficient. We don't need a packet. Moe: copy of the guidelines would be good. Julie; don't need to explain with a packet. Tina: don't need to packet. Participants on Loomio. Are we giving them full access? A sub-group that they're working on? Make a decision. Who has access? Decision making to guideline people, and training go into two separate workgroups. Laura: how do we make decisions outside of our cycle. Don; we didn't have any guidelines to make decision, we had too many abstentions on Loomio. When we want to make decisions give it to the guidelines workgroup and then make a decision on our next WSZF. Julie: not comfortable with the straw poll, but is comfortable with having a virtual meeting at quarterly is okay. Michael: We don't need to hammer out all the details, everything is part of the guidelines. All things will come up. Should be discussion at the workgroups not in the big group. Art: Who's available on the zoom, etc., follow the World Guidelines, be on for one cycle after you term out. That could be a simple fix. Michael: disagrees, he wants to discuss in the small groups and not in the big groups. Laura: homing in on a guideline's workgroups and one on training/tools.

**Fellowship Development in the Zone.** Moe: How to serve the local fellowship, like in Alaska. In the hosting city, we ask them what are their needs. Help them in fellowship development. Julie: fellowship development will be different every where we go. Laura: Lives in How to serve. Don: We can put three things into one workgroup; fellowship development and it strengthens and helps with apathy in service, and some have more needs than others. As a zone we can actually get together and have an external meeting. PR coordination throughout the zone. Steve former RD. It's hard to discuss so we are tabling it.

Laura: Needs of zone. Two major groups: 1) Tech and training workgroup: talk about training of RD's and AD's, technology tools for decision making, and virtual meetings.  
2) Guidelines workgroup. Find out what the hosting area's needs are and what can we do. Putting in guidelines who participates and how.

Michael: a voting participant can vote. Virtual can just raise their hand. Laura: do we need to make a statement, something written, so people can present. Beyond the mission statement. Mike: what's our purpose, what's the benefit of the zone. What do we do for the fellowships? How can we be of serve? What can we do? Sheryl: what is the purpose of WSZF. She saw our mission statement. Read what our purpose is. Express what a zone is to their region. Read our mission statement. Steve R: part of another country's convention, shows a PowerPoint on what the zone does. They started doing a national PSA (public service announcement) campaign in Canada. Doubled the number by putting up a couple of thousand dollars. That PSA did more for the zone than anything else. Steven: Something beyond the mission statement, what is the delegates roll and the collaboration. How to help incoming on what we do and explain to our regions. Art: He was able to understand after his first zone. He doesn't believe we need to create things or handouts because we know what we do. And, we have the entire zone to explain things. Easy to catch on. Michael: We have the mission statement. RD/AD we can train them. He sees a need for something to express to the member regions what we do. Why it's a benefit to them. Laura: what form would you like. Michael: expansion of the mission statement or explanation. His region still doesn't understand. Laura: who would do that? Michael: have a workgroup explain. Tina: We are so everywhere. Orientation is its own topic. They do lots of orientations. Who's' having a hard time or ask Michael explaining what we do. Denis and she explains things to region. Dean: discussed the experience, and although was given documentation and Julie's training, it wasn't until attending could I understand anything that was going on. Steve: Wants a paper to explain it so they can give their region information to get the money. Julie: put the guidelines and stuff on the website! Banner it!

## **Topic 2: How do we have a discussion on DRT/MAT without giving the impression of support?**

Sheryl: point of the discussion since WSLD, has anything changed. Art: did a workshop at the convention. Read the newest IP material. NA has not changed its stance on complete abstinence. We are not changing NA! How can we be more loving? That's how they do their presentations now. The people were more open. Kia: Doing the workshop on DRT/MAT. Doug: Read the IDT too. Tina: As it relates to NA. on the IDT. Not necessary on who believes or feel or anything. Moe: How do we discuss without giving the impression of support/non-support. Dean: give them positions. Talked about clean time from the campout and the girl on MAT. She's now clean. Show love. Going to use Art's explanation. Liliana: application of spiritual principles, we shouldn't psychotropic medications shouldn't be saying a thing about it. Michael: Make a loving welcoming atmosphere. If they see what we have here they will stay. Liliana: they get scared with people that are still using. They feel they're afraid for their own recovery. Find away of strengthening their recovery. Chose to be abstinent. Such a subtle movement, and not telling people they can't be there. Dave: Has not seen anyone yell or run someone out. How much clean time in the room, they attend the meeting. Some say I don't have a clean date. So, he went and talked to them. They believe the NA program, but they're on suboxone. But they keep coming back. Ami: People who have known people who have come in and now they're clean. We are examples and can relate. The more we are supportive the better we can watch them get recovery. They will hear the message. We are growing in strength and examples. Michael: reframe the discussion. One issue how we treat them, another problem is the perception in referring communities that they aren't treated well. Laura: Heard the doctor say, we put them on a DRT and we tell them they are starting their recovery process, and they send them to us, and then we tell them they aren't clean. Art: facilitated the work shop, the mental health woman called it medical assisted recovery. Over time, we need to be more compassionate. We should not change our stance. Refer them to the story on the person who was on medical assistant treatment and is now clean.

### Topic 3: Apathy for Service

Laura: how do we energize people to get into service. We preaching to the choir. How do we carry an energizing message? Bring joy about being in service! Art: Talk about the spiritual benefits for being in service. Growth he's gotten, all that he's gotten, tells them about himself and his experiences of spiritual benefits. Don: talk about it in recovery meetings. Talk about it inside the rooms and outside the rooms. Believes in the concepts and the traditions. Loves this stuff. Living clean. Has picnics or parties and reads the guidelines. Get's them excited. Go up to someone and let them know how they might be perfect for a position, they respect you. You should be an RCM or a Chair of the PR committee. People get excited. He supports them and stays with them; mentoring them for a time period. Fan the flames. Get them excited. Denis: GSR's says about NA gives them leadership opportunities and training. Opportunities there. Received positive response. Invite them. Mandy: Does anyone have experience in change of attitude at the regional level or any, what was done differently to get that result? Having a frustrated level of service. Julie: came to region out of duty. Took position and found out how great it is. Has a get to attitude. It's a pleasure and has great times with sponsees and people about exciting it is to be able to practice the principles in service. The way she presents it gets them involved. Tina: Does any service with most humility and gratitude, because of that people want to be in service. Find your own replacement. You can see that person and personal connection, and we can find our own replacement. Ami: people included her and made her feel good and wanted. And, wanted to hear what she had to say. Made her feel good. Wants to give back. Doug: finding the right person for the position. He came to region because he wanted to be an RD. Lots of young people in his area, so he's making it attractive. Get more people involved. Dave: likes Mandy's question. Created a PR umbrella (took 10 years). Regional service wasn't exciting. Started all new, keeps it simple. 8 workgroups, give reports and then they're out of there in an hour. It's attractive. Same reports from the GSR's over and over as it's always the same, then watch two guys argue for an hour, it's not attractive. The PR umbrella has changed. GSR's are super engaged in taking their own inventory and how to make changes. How we do things – mentoring!!! Super important. We need to switch it up and bring someone different and fund them! Big River: How we can minimize the apathy in service, his experience that's effective happens in his home group. Go to his homegroup and articulate what's going on this weekend. Big picture, it stimulates people to want to explore more on different positions with spirituality. See the spiritual benefit. Invites them to come and check it out. Very positive for him.

**January 26, 2019**

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**NAWS Update:** 9:00am

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Opened by Steve with the serenity prayer.

**Steve:**

NA.org now has a drop down "for the members" to ASL, here's the link: <https://na.org/?ID=asl>  
The deaf community doesn't have the resources and their voice is small, and they can't get their voice out in a meaningful way. They call the WSO for information on ASL meetings, or have someone that has ASL. Picture to Picture for ASL people at conventions. Most have ASL at the conventions. Wants to communicate and get recordings. Won't have a substantial amount of people, but has a dire need.

**Maryellen:** Point person for *spiritual a day book*. Na.org/spad has the link to use the page for the book project. <https://www.na.org/?ID=medibook&ID=medibook> (link). Membership project and need all members. We have PowerPoint, writing template, and information for presenting. Print them out and

send them back – make sure to fill the page out. Make sure to give the email address. Equally important to give the information of where they live. All around the world people are inputting their ideas. Can submit online. Released 12 more principles, will release them in 12's. Extension on 7<sup>th</sup> step expand on spiritual principles or have had the spiritual awakening. We are exploring spiritual principles. Recommending using a word doc and copy/paste on the form. Using the quotations, but you can get others that aren't there from our literature and can add that one with a quotation; make sure to cite the quotation. Train the trainer opportunity by going through the information. March will add 12 more. Review and input next year sometime for the first batch. Wants all the input they can get. Please make sure to input. There's a link to all the spiritual quotes. Feel free to call Maryellen or email her too. The WSO has office hours and can contact them as well. As for Pam T. [pamt@na.org](mailto:pamt@na.org). or [worldboard@na.org](mailto:worldboard@na.org). Call for best practices.

**Steve:** *NAWS Update.* <https://www.na.org/?ID=medibook&ID=medibook> (link).

**Maryellen:** Different topics they are focusing on. Highlights on current work on NA work and what's currently being worked on. Mission for NA world service. 2018 WSC has the information on what we can all use.

**Steve:** 2018/2020 GTWS. Zonal collaboration. We received an email on zonal collaboration. Not about zonal seating. More and more zones are collaborating. We want all the zones to have access to that information.

**Maryellen:** We survey the members and gather the information and present it to the conference. Decided to do DRT/MAT and how it relates to NA. Got input and updated the session. The sessions are valuable and for members to send in their experiences.

**Steve:** Abstinence is our guide for NA being clean. That will not change. But, to develop an IP, on going conversations regarding this information.

**Maryellen:** Mental health/Mental Illness IP, and others is a busy cycle. For the Strategic planning. Mental Health/Mental Illness going to be sending a draft to the fellowship in the spring, and the approval IP will be in the 2020 CAR. Know it's coming and have a plan and be ready to get it to the fellowships.

**Maryellen:** Daily Meditation book; spiritual principle a day. Need members to do workshops on the spiritual principles and discuss them. Send your ideas in, doesn't matter how, can send a picture or mail or email or online. All members will be heard. This will be in the 2022 conference. Release in batches. Ends Nov 2021, and approval draft in 2022 CAR.

**Dave:** Wants to be sure mail is okay.

**Maryellen:** WSC sustainable workshop. Workshop members and WB included Iran. Build sustainability and collect best practices. Strengthen zonal forums and collaboration with zonal forums and World. Zonal representatives working with the world board, as this is a world board project. This PowerPoint is in "about us" in na.org.

**Steve:** They are not trying to change the WSC to zonal seating or anything, it's a myth that they only use that size room and so won't seat anyone else, that's not true, it's a myth. If we have 600 delegates then

we will find a place that will house that many people. We want to dispel the myth that they only use that room and won't expand or find another place that will house more people.

**Maryellen:** Update FIPT rules workshop. Will be discussed in 2020. Needs to be modernized, as it's not been touched in a long time and is antiquated. Bulletin one. Online usage. Will be in 2020 agenda report. An update in mid-March. They were a virtual workshop using Zoom.

**Steve:** CBDM Training and tools workshop. Getting calls all the time where they are looking for meetings and the meetings are 150 miles away. Our US growth rate is declining, almost flat line. Looking for opening meetings in isolated areas. Want to meet the demand for NA meetings. Has been working with delegates to carry forward the message.

Conventions best practices. Development of the program is done, WSC approved it. Just finishing money management piece. 90-day RD input. Contracts and negotiations. 7 or 8 more pieces associated with this, but wants to have them in individual pieces instead of a large booklet that is harder to read. People will gravitate to a smaller packet than a large booklet.

**Maryellen:** RD's and AD's are supposed to be getting this information. And, is available to the membership. Sign up or print a copy. Find a person that is great.

**Steve:** Project specific web meetings are specific and have to go in and announce your participation.

**Maryellen:** Translation basics. Get involved and it's fun and eye opening with our global fellowship.

**Steve:** Translator retired but was involved with over 800 translations. WSO doesn't do the actual translation but does help facilitate. Shane is now the manager of the translator team. There is a meetings app. Real time updates. The great thing is if a meeting is gone it's easy to reach out through the app and get that meeting off. Updates information right away.

**Maryellen:** Basic text language rating. English is by far the largest. The graphic showed and is just awesome.

**Steve:** Providing literature. Costs of printing and shipping. Shipping is the most expensive. They send free literature e.g. Afri-Can. They will send it anywhere. They will discuss and send the literature. Rural communities are not only where they send, they'll send anywhere there is a need.

**Maryellen:** Literature sent through the WSO and distribution center. 29 language versions of the Basic Text.

**Steve:** H&I expense is reflected in the graph, as they send to prisons, etc. BTW – ask if we are listed. [steve@na.org](mailto:steve@na.org). Fellowship development by the numbers and where we are all around the globe.

**Maryellen:** The annual report is here and available through the WSO, all you have to do is ask. Can subscribe to any of the materials online. NAWS news is very important to stay on top of what's happening. All the projects and the direction they're going in. The app has a link to NAWS news. They have a condensed version for us here.

**Steve:** Webinars and Web Meetings. They call them badges on the PowerPoint. [Na.org/webinar](http://Na.org/webinar)

**Maryellen:** Always looking for participation for webinars and web meetings, it's an opportunity, talk about it, encourage anyone who wants to be involved with that, share best practices, and helps local communities as we share across the globe. We are growing. Everything we do is about fellowship development. Spiritual mission.  
82 languages. IP #1.

**Steve:** We are growing and will affect the WSC with the global growth. NA Meeting growth trend. Global is climbing, USA is almost flat line; but more importantly is the opportunities and challenges with addressing communities where there's no meeting. How do we do that and part of the conversation on how to bring a meeting. The numbers come from Delegates every two years and provides to the WSO. Comes from Regional reports via delegates.

Increase WSO staff. They continue to look for being the most efficient. BMLT makes them ore efficient. They appreciate the participation.

**Maryellen:** Fellowship growth, decline, or no meetings at all that is provided to the WSO by the delegates. There is shrinking. Worldwide Fellowship Support Costs. \$2.03 weekly from every registered group would provide the fellowship services. The actual is \$.49 a week. So, the amount to the WSO is 75% less than needed. Literature sales by customer type has a graph showing from everywhere. 81% primary customer is the fellowships.

**Maryellen:** What can I do? Contributions: [na.org/contribute](http://na.org/contribute) can be done via [na.org](http://na.org). Let's do workshops, let's make sure we're ready on review periods, think ahead, think about the timelines, be aware, as we will miss the fellowship input, we need.

*Special Days of NA* (was passed 2018 WSC). May 1 is Service Day. PI Week first week in June. Sponsorship day is Dec 1. They will provide more information as it comes closer.

Q&A: Theo seen slide for donations. Meeting donation per week. Fellowship development means creating a new meeting or maybe it's putting on a new convention. Steve: outreach is fellowship development. Tina what about the meeting that is not there. Slide to quick Spad deadline. Maryellen: can send until 2021 prior to closing the project. Mike is the new literature still within the FIPT. Maryellen: Recovery literature (approved) is always protected with the FIPT. Moe do we have a number for contributions for total income from the basket. Steve they receive 87% from sales and 13% of income from contributions. The contributions are far less than from regions. Basket money can't answer. Art is in workgroup working on Zoom but it's working and submit for the next board meeting, wanted to let them know zoom is working well. Michael NA funds giving discretionary funds. Steve Guiding Principles show it's all NA funds. Jeff comment on the app and 11 meetings were not there. Julie putting money in the basket is part of our program. Dave talked that Michael donations on conventions but NorCal didn't do well with their convention didn't do well. If we can find basket money that's guaranteed money. The fellowship shouldn't rely on conventions to support NA. \$8 a month can be paid easily for NAWS. Steve funding goes for services, the slide wasn't trying to communicate a separatism of the how the money is received. Mike maybe lower the cost of our literature? Steve cannot get into that as a definitive conversation. Michael talking about self-supporting. They should be looking ahead to donate to the ASC or RSC or NAWS.

**Break 10:40-11:00**

## **Budgeting at the Area Level (11:00)**

**Steve:** Good news is we are doing budgeting at the area level; bad news is this is the first time we are doing it. Going to put it on the website so people can develop budgets. In the treasurer's handbook there's really no information on budgeting. Forecasting; seeing what the costs were and what is foreseen in the new year. Look ahead and look around. 3% is a normal increase unless there's unusual or capital expense. It's a collaborative effort with the ASC or whatever entity has a fiduciary responsibility. Sharing the information is collaborative. 1<sup>st</sup> tradition. More collaborative the more successful. Has a budgeting PowerPoint and hoping they can put it on local service resource page. Look ahead, look around, look behind to determine the budget for that year on the needs. The ASC reviews the budget and the ASC adopts the budgets. Look for variance on budget vs actuals. Sample budgets are for all participants so they can use this at the local levels if they want. Activities seem to be the most difficult time with budgeting. It's far easier when they look at each event as an individual project. Revenue and expense can be logged and identified where the need is and how much the expense is forecasted. ASC provides meeting schedules, help line, website, H&I efforts to get people to our groups. People don't realize the importance of donations. Our sub-committees are not autonomous! They are a part of the ASC or what other fellowship they are under. It's a demand not a question, sub-committees have to provide the information. They are not autonomous. Budget to be part of the local resources.

**Break 11:45 – 1:00.**

## **Planning Workshop (1:00pm)**

**Steve:** Open with Serenity Prayer

Introductions: George, Ruben, Roy, Joanna, Krista, Chris, Anna, Steve. (People that haven't already introduced themselves.)

Planning a stronger area. The World Board has made ongoing investment in building a stronger area, close to 20 years, delegates are part of scanning. Zonal Forums, Regions, and Area's moving forward on new service delivery efforts. Walk through fundamentals. Using Planning Basics (hand out) and Area Planning Tool.

**Seven Principles of Planning.** *1) Gather information 2) List the issues 3) Develop goals 4) Prioritize goals 5) Create approaches 6) Prioritize approaches 7) Develop action plans*

Think ahead, take time to prepare, and identify how to reach our goal. Opportunities for planning with identification of issues to provide solutions to services. Why plan? More effective results. Don't over complicate. We can attract people by not over complicating it. Project based topics are more effective with planning; a beginning and an end. Planning process is a component of the planning cycle. List of goals and approaches. Developing action plans. Create the action plan. Execute the plan. Discuss if the plan accomplished the goal. Important part of the planning process. Planning cycle involves new ideas, new challenges, new frontiers. We have normalized groups like H&I and such that don't require a project plan. Resource availability is a limiting factor. People, time, and money are limiting factors that allow us to get things done. Look at what our resources are. Look at the variables that may come in or out and check to see how it affects the plan. Project based service some members cannot commit. Sometimes people cannot make it to all the meetings or people may have other gifts or resources.

Planning is adaptable. Stepping away from one of the seven planning tools can cause unraveling of the strategic planning journey. Need to honor the seven tools of planning.

Going to do some work: going to do a simplified version of planning. Gathering information (scan) SWOT: Strengths, Weaknesses, Opportunities, and Threats. Make sure people understand the question, because sometimes people may not understand and may not want to say they don't. Encouraged to look at the planning cycle. Garbage in – garbage out. When gathering synthesize the information. Do an exercise for an action plan.

What's not working? Not enough trusted servants. GSR Training. Fund Flow (groups not supporting ASC). Sub Committee resources size of funds.

Vote:

Not enough trusted servants – 18

Groups not sending money to the ASC – 9

Poor communication between ASC and groups/lack of GSR training – 20

Size of subcommittee reserve – 3

Poor communication between ASC and groups/lack of GSR training: we identified the #1. We gathered information on the issues and this was the first one. Get information to the groups and back – restatement of the issue. Improve communication. Could have a list of what's to get to the goal. We have our goal, to improve ASC and group communication. Approaches: we're at the how. Standardize reports. GSR handbook. Don't use jargon. Communication tools to get the message out other than a GSR. GSR isn't the only mechanism. Relevance of information to the member. Training on report writing. Congruency of information delivery to the level of understanding by the recipient.

If you get a disagreement leave it be and continue with the list.

Vote:

Create standardized reports for the trusted servants – 4

GSR Training handbook – 10

Simplify Jargon – 0

Identify all communication channels – 20

Consider relevance information to groups – 5

Trusted servant on reporting – 12

Identify communication channels is our approach. Action plan. Who, What, When, and How Much – is the action plan. Identify the action plan. Workgroup identify communication channels, four people, meeting on Zoom, \$200 budget. No focus though.... Focuses: web opportunities. Timeline is needed with milestones. Construct the action plans with the entire group before the smaller groups gather to the who, what, when and how much. Others state the What needs to be discussed first because how can we have a who? Kind of backwards. For the sake of planning we have our action plan, time line now we need evaluation or monitoring. Someone who isn't a part of the workgroup. Just checking in. Objective observer, not part of the workgroup gives accountability, not that they are part of the workgroup or has oversight. Evaluating is part of gathering information. Some projects may take over a year. HRP looks at last years action plan to see what was completed or not. Information gathering. Implement incrementally. Project based idea without having to go through the entire planning components.

**Break** (2:26 – 3:00)

### **Zonal Business Session with creation of work groups**

**Laura:** Open with the Serenity Prayer (3:00pm)

**Laura:** Facilitator is to bring a report to us. Giving her report. Question on election time as it was done at the WSLD. And, using VENMO. ZELL. No objections that Laura and Dave staying through 2021. The first quarter meeting following the WSC which is January. WSZF.org has the guidelines.

Old Business:

Nomination of George co-facilitator

Upcoming WSLD

Update for NAWS workgroups

Review WSZF workgroups

### **Nomination of George co-facilitator**

Art: WSZF put forth RBZ recommendation for George BH. 2<sup>nd</sup> by many.

Questions: What is RBZ, the recommendation process they do a review, Region, Board, Zone all vote that's what an RBZ is. Michael: George is not in our zone. Tina: We can nominate someone that has been in our zone less than a year. Vince: We had already brought it up in our previous meeting. It was clear we support him at the WSLD. Michael: Co-fac for here, not being from our zone. He has a confusion. Why should we recommend someone from outside our area? Christine: Endorsed or proposed. Laura: We are asking that he be put in as recommendation. Let's hear from George.

George: Home group surrender to win, in Kyle TX. Serves in Blue Bonnet region. People don't know him like we all know him. No other body that knows him like here aside from his old region in Northern Washington Idaho. Consensus based decision making very familiar. He learned what to do and what not to do. Knows how to facilitate a meeting. He loves the fun part. Likes to move them forward if gets bogged down.

**Laura:** Let's Vote. Checking for quorum. 13 regions here. Two thirds vote. All in favor – 11. Abstained – 2. He is recommended.

### **Upcoming WSLD**

WSLD: Theo host committee. Kia is the chair of WSLD. He wants to meet the needs of the zone. Knows that not all participants will attend. Two spots to do business for the zone and add Zoom for those who can't attend. Tina: One spot for the RD's. Don: Zoom for business. Two sessions are good. Had a rough time with the VC of WSLD, and then he went to others for the WSZF to have a meeting. Plan one track. Work with the program people (Bonner). Scheduling issues last time. Laura: It isn't our body's decision to make program decisions. Don: Wants to take it over. Art: SoCal has no value in delegates to go to WSLD. We are interjecting into the WSLD. Michael: reframe. Theo: wants a delegate track at the WSLD. Goal is to have a place for delegates to go. Dave: Do we want to have our third quarter meeting at the WSLD, and those who can't go be zoomed in. Vince: Allow us to use two spots. Laura: anyone opposed. Theo: Does the CA Collaboration spot to meet. Dave: Let them get back to Theo on that. Kia: If you can get back to us within 60 days. Thin down their program. Michael: WSLD a dedicated track for delegates and a WSSF meeting. CA Collaboration meeting at a morning or something different. Theo: will figure things out. Five tracks going on. Kia: WSLD and WSZF are different and to make sure we're clear on the

difference. Julie: Region wants to know what the tracks are so we can budget. Kia: Can post the tracks on Loomio this weekend per Theo. Art: Don't they post to their website? That's where that should go too. That's where they would send their people. Theo: 60-day window, requested NAWS to come, but wants NAWS update that the zone wants in there. One idea is how to get to world service level. Wants to fill with information. George: collaboration with WSO would be a good idea. The CAR comes out two weeks later. Theo: RD or AD @wnirna.org for email. Michael: making an effort larger than the western states. Theo: no. Dave: reach out to upper rocky mountain and plain states. Kia: will reach out to them.

### **Update for NAWS workgroups**

**Matt:** Workgroup has to be with the WSO. Not to be evasive, they've only had one meeting. Very large group. Met for three days in November. Some Zoomed in. Communication challenge. It was a really positive experience. The workgroup is a think tank to propose general ideas for the board to think about and report to us. He doesn't have a report that would have substance as it may not be appropriate at this time. Great opportunities to discuss ideas.

### **Review WSZF workgroups**

**Laura:**

*Training Technology and Tools  
Guidelines*

#### Training Technology and Tools Workshop:

Training for RD & AD  
Training for technology platforms  
Highlight WSZF purpose  
Virtual meetings  
Fellowship development & outreach tools

#### Guidelines Workshop:

Participants – roles and forums in workgroups  
Decision making participants in straw polls, elections, voting, virtual decision making, who what when  
How to serve the local fellowship the WSZF hosting city  
Keep guidelines updated & posted  
Recommendations: per diem for trusted servants, contributions, region  
Budget

### **New Business**

Next WSZF  
Workgroups

**Dave:** to host a quarterly meeting. Going to put on Loomio. Do a poll.

### **Two workgroups.**

Training technology workgroup: Don, Tina, Mike, Mike, Dave, Mandy.

Who has the first zoom meeting? Tina will do the first meeting. Let these members to invite other prior RD's be a part of it.

Guidelines workgroup: Art, Christine, Dean, Robert, Denis, Eileen, Vince, Michael.

Who host the first zoom meeting? Art will host the first meeting.

**Rural Areas Multizonal Forum Fellowship Development:**

Dave: Frank brought rural areas in our zone. Coming up with forming a workgroup. Matt, he was eluding to, upper rocky mountain zonal forum, used to be part of our zone, they split off. Everyone has an issue with rural areas or no NA, not getting a lot of help. Idea was to form a fellowship development workgroup in rural areas. Sticky part comes with external and internal rules we just made yesterday. Want Rocky Mountain zonal forum to be included, are we willing to make an exception to for them. Dean: make it Multizonal. Don: make it multizonal so it takes it out of the rules we made yesterday. Matt: Are we open to be open to Rocky Mountain zonal forum?

**Laura:** Multi Zonal Fellowship Development in Rural Areas Workgroup? No objection. Dave: do we want to send out an invitation to Rocky Mountain Zonal Forum? Matt: Limited resource. Multizonal workshop. Consider. George: clarified that it's rocky mountain zonal forum. Laura: No objections to invite them to rocky mountain zonal forum work group. Michael: Virtual workgroup? Dave: Would be virtual multizonal workgroup. To be called Multizonal Forum Fellowship Development.

Multizonal Fellowship Development workshop:

Julie, Vince, Christine, Don, Denis D, Dean

Julie will host first one in this workgroup to host.

Matt: Maybe they can zoom in with us on a CAR workshop. Rocky Mountain Zonal Forum. Open communications with them.

Laura: any objections to open a dialogue with collaboration with Rocky Mountain Zonal Forum for CAR workshop. No objection.

**Don: Dinners. Trying to solve the dinners issue.**

**Laura:** We will have a closing session. Not everyone will be here. Have a picture tonight!  
Last WSZF: Art <3 <3 We love you Art!!!!

**Closing 4:34pm.**

**January 27, 2019**

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**Closing Meeting:** 10:00am

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**Laura:** Open with Serenity Prayer.

Thanked Dean for taking all the notes, and wants to make sure to get Dean the list of names, phone #'s, and email addresses. Dean will make a list of everyone and put it on an excel spreadsheet and post to Loomio.

A quick report of the workgroups.

**Guidelines workgroups meeting synopsis:**

**Art:** Took recommendations and went through the list. Dean is going to make the changes, and discuss it and have a finalized document by the next quarter. Help NorCal to continue to getting in on the \$300 toward the WSZF administration. We will be meeting on Zoom.

**Technology Tools and Training:**

**Tina:** February 20<sup>th</sup> meeting. Most important creating a training on how to get efficient with Loomio, first order of business. Out to the zone as soon as possible. After that, they will decide which one to work on from the list. Mandy brought up some other great ideas to add.

**Multizonal Forum Fellowship Development:**

**Julie:** Not using Multizonal. Discussion because they are hopeful it will be multizonal. Dean: We had voted on that name. Laura: Agreed. Don: Can help on Loomio to do sub-groups. Julie: Help her. Laura: work that out. Michael: Put out a two-question survey for all RD's and AD's on underserved areas and how to achieve goals.

**Laura:** Who is here at their first WSZF. Four hands. Don had a great idea if we can ask each new people what worked and how it could have been improved. Kia: She liked to meet people ahead of time before going to the conference so she has a relationship with people. Networking. Mike: It's a hit the ground running experience. Has a better sense of how it works and required. Feelings go along with it. He can go back to his region and tell them why we are needing to be here and be educated. What it means to be an RD. Learn some tools. Steven: Two things got the most out of: 1) all the interaction and conversations outside of sitting at the table. Turned out to be invaluable. Going to be able to give a better report from having the outside conversations. 2) Presentation from NAWS. Given him a lot of great ideas to take back to Region, ASC, meetings, and for himself. What could be done better: NA not ever be organized. This has been much more organized. Not too much we could have done better. Liliana: Didn't know how to prepare for the meeting. Loomio knowledge helped. Likes having facilitators. Enjoyed the game last night. Mandy: Enjoyed the training, benefiting groups, Areas, Region. Picked up on the processes. Facilitators so helpful. Sitting down with RD/AD has been awesome. Really excited about all this, and can take great things back to her region and uplift their Region and make them excited. Having a digital meeting because their region doesn't fund, that could be awesome. Laura: Always continually impressed with true spirit of service and how we are in and out of the rooms, and thanked us for the opportunity to facilitate and help us along. Dave: Information that was brought and NAWS literature, please take back. Nepal Region has merchandise to sell. Thought we did great.

**Next WSZF:**

**Tina:** Discussing hosting 2020, they have a new RCM team need more time. They are at a 99.99% hosting in Las Vegas. Final answer 2<sup>nd</sup> or 3<sup>rd</sup> week of February. Dates: January 23, 24, 25, 26 2020. Will wait for approval from Region and getting with Don for assistance.

**Dennis:** Central California Region put their hat in the ring for 2021.

Additional duties: Laura – Dave will contact Rocky Mountain Zonal Forum. Discussion on who is to be on Loomio: outgoing one cycle. We didn't have a decision.

**GREAT WSZF!**