

To: Alaska Regional Service Committee of Narcotics Anonymous
From: Frank P. Regional Delegate
Re: RD February 12th report
Date: 2/12/18



Trusted Servants:

The World Service Conference is approaching and it is important to set and schedule dates to have CAR/CAT workshops. We need to discuss a prudent way to get the CAR information out to our Areas and Groups. Some ideas I have is to see if former AD/RD's with experience would like to help Workshop in Anchorage. And have the AD and RCM workshop in Golden Heart Area. Since we have Zoom equipment in Anchorage maybe we can have a CAR/CAT zoom event that Region 51 is hosting Feb 24th @9am (zonal support). Interested members can call in for this event to listen and ask questions. I would like to work with the RCM from Kenai to determine the best way to present the CAR. Some options are to work with the RCM to gather ballot information or have the delegate team or a former experienced Delegate member from Anchorage to workshop in Kenai. It seems from my AK CAR/CAT experience last cycle is that though Workshops are a good idea and suggested by WSO, that it may not be best practice here in AK. I found that it helpful to meet with the GSR's or leaders of the Groups and individually go through the Ballot with them so they can bring it to their groups and then email back the data. Lastly, after being in contact with a member from Juneau, it was revealed they met last month as an Area and, I think it would be best to travel there and meet with them and go over CAR/CAT material along with encourage and support fellowship development. Anyways, this is something we need to discuss today, as well as funding for CAR/CAT workshops, and, for the upcoming WSC in May 2018.

The Zone got a lot done. Our two workgroups - the administrative and technology workgroup have been doing some innovative things. The Tech work group used Zoom technology to video in Pacific Cascade Region to the forum and seemed to work out fairly well. The tech workgroup will continue meeting and are working toward getting us communicating better. Both workgroups are moving toward becoming committees, thus, requiring funds. The tech group is requesting 40 per Region for Loomio and Zoom accounts. The admin work group will continue meeting and are moving toward a more organized body that will work toward creating positions such as facilitators and requesting 240.00 from each Region for travel and technology expenses for facilitators

. WSZF2018 went over the room bock agreement with Westmark of 80 selling 89 rooms. Expenditures were 3,254 for supplies, meals, coffee and desserts. Special thanks to the local fellowship for help planning the WSZF. Our secretary was Timothy B. and together with Co-secretary's Yvonne

A., Ashlie T. and Susan L took minutes, coordinated rides to and from airport, sold banquet tickets and were welcoming hosts! We sold 62 banquet tickets and 25 lunch tickets. The banquet NA meeting had over 100 in attendance (room was filled) which included Ralph Perdue Center (RPC) treatment facility. We thank Golden Heart RCM Shawn M. for preparing moose hot plate and; Adam P. & Ashly B. also of the Golden Heart Area PR team, for their help with getting the word to RPC, setting up the PR/outreach event in Nenana and getting word to the local fellowship about the lunch/events. Lastly we would also like to thank Paul H. & Tony L. for facilitating the forum and the entire Golden Heart Area/local fellowship/community for their support. The Forum had a surplus of \$954.00 which in my suggestion should/could be used for expenses such as the travel expenses for the delegate team and/or facilitators.

During the event we had Regional Reports, Outreach/Fellowship Development events, Region innovative reports/lunch and rap with the local fellowship, Zonal/Work Group Planning, Zonal/Outreach Support discussions and CAR/CAT presentations. These sessions brought out challenges, solutions and actions with some of the main points illustrated below. For more detail, I have attached the recorded minutes of the forum along with this report.

Here are six main points that came out of the four day event:

- ❖ The Zone is in favor of supporting Rural/Remote Alaska Outreach i.e. toll free number for telephonic meetings, IP's, racks, and postage to villages. This came about organically during the local fellowship discussion and innovative ideas at lunch on Friday. This is where local member asked questions and talked about lack of local resources in villages. A handful of Regions pledged their support and asked for an annual budget to bring back to their regions for approval. Paul H. was able to develop an Outreach committee right on the spot during the discussion with interested members who want to help with these endeavors. It is my suggestion that the regions Outreach committee which is currently defunct be used for this committee i.e. budget/policies.
- ❖ Further Zonal commitment to outreach to Native American/ Alaska Native Tribes/Nations
- ❖ Administration Work Group formation of service positions (facilitator/co-facilitator) and the Zone is requesting 240.00 from each Region for travel and technology expenses.
- ❖ Technology Work Group/Zone is requesting 40.00 per Region to purchase ZOOM and Loomio.
- ❖ We had a very successful PR/outreach/fellowship development in Nenana at the tribal hall. The zonal forum put together money to rent a tour van for support transporting. The cost of the van for the Thursday North Pole outlaws meeting and the Nenana event was 225.00. We had a potluck and two members did a PR power point presentation and held an NA meeting. In attendance were the Chief of the caribou tribe and a handful of local people. The local PR chair held the first NA meeting at that tribal hall 2/6/18 and plan to hold regular meetings there every Tuesday at 7pm.
- ❖ We had two other successful outreach activities where the forum attended two separate struggling meetings in Golden Heart Area. This gave a chance for newer members to have lunch after the meeting and hear some fresh experience, strength and hope.

The forum agreed to have the WSZF next year either in San Diego or Las Vegas with the thought that it will most likely be held in Las Vegas.

The AK RD team budget for the Zonal Forum is \$2,000 and the RD's expenses were 375 for airfare and 190 for food. I did not have hotel expense because the hotel comped the RD the room for being the host. The total of the RD's expenses were 565.00 and I would like that as soon as possible. The AD will need to be reimbursed for his meals and gas which total around 100.00 dollars.

Spring time is approaching and please remember to let GSR's or the Web servant know so to post upcoming events. Some of the current events are listed below.

Dates to remember

- ❖ **Feb 18th Convention Fundraiser IBEW Hall Anchorage AK 6-9pm**
- ❖ **Feb 24th , 2018 Virtual CAR/CAT via ZOOM @ (<https://zoom.us/j/887873329>); (phone 669 900 6833 Meeting ID: 887873329) or (iPhone one-tap : +16699006833, 887873329#) Hosted by Region 51**
- ❖ **Feb 24th-25th 5th Annual NA Women's Retreat Soldotna AK**

In Fellowship,

Frank P