

**Alaska Region of Narcotics Anonymous**  
**Saturday October 12th 2:30 @convention**

ZOOM Meeting ID: 835-729-936 Phone Numbers: 408-638-0968

Meeting started with a moment of silence followed by the Serenity Prayer. Reading of the Twelve Traditions and Twelve Concepts of Service.

**Roll Call**

Chair - Tony - Present  
Vice Chair - Yvonne - Present  
Secretary - Paul - Present  
Treasurer - Bob - Present  
Anchorage RCM - Ashley - Present  
Anchorage Alt RCM - Sean - Not Present  
Fairbanks RCM - Brett - Present  
Fairbanks Alt RCM - John B - Not Present  
Kenai RCM - Dennis - Present  
Kenai Alt RCM  
Juneau RCM - Michelle - Not Present  
Regional Delegate - Mandy - Present  
Alt Regional Delegate - Alan - Present  
Convention Chair - Sasha - Present  
H & I Chair  
Public Relations - Shawn M - Not Present  
Literature  
Outreach - Paul - Present

**Amendments to Agenda**

None

## **Approval of Last Meeting Minutes**

Dennis makes motion to approve the last minutes. 5 yes, 0 no. They are approved.

## **Reports**

Chairperson - Tony

PO box is taken care of.

Vice Chair - Yvonne

Please email her motions for the next agenda.

Secretary - Paul

Please email reports to him so he can put them in the minutes.

## Treasurer - Bob

	AK Regional Budget	2019 Budget	2020 Budget	
	<b>INCOME</b>	<b>2019 Budget</b>	<b>2020 Budget</b>	Actual
<b>1</b>				
	Convention Donation	4,203.70	4,000.00	4,203.70
	Interest income			
	Area Donations	5,192.84	5,000.00	5,192.84
	Group Donations	200.00		200.00
	Other Donations			
	Fund Raising Event			
	<b>Income total</b>	<b>9,596.54</b>	<b>9,000.00</b>	9,596.54
	<b>GRAND TOTAL - INCOME</b>	<b>9,596.54</b>	<b>9,000.00</b>	9,596.54
	<b>EXPENSES</b>	<b>2019</b>	<b>2,020</b>	Proposed
<b>1</b>				
1.1	ADMINISTRATION	600.00	600.00	
	<b>Admin Total</b>			<b>352.00</b>
1.2	Donations To NAWS	-	-	
1.3	Entertainment	-	-	
1.4	Hospitals & Instutions	750.00	750.00	
1.5	Insurance	1,700.00	1,700.00	
	<b>Insurance Total</b>			<b>1,442.00</b>
1.6	<b>Public Information</b>			
	PI -Helpline	1,000.00	1,000.00	622.00
	PI- Events,Commucations..	350.00	350.00	
	PI-Website	100.00	100.00	305.00
	PI-Translations	1,000.00	1,000.00	

	<b>Public Information Total</b>			<b>927.00</b>
1.7	Outreach	500.00	500.00	500.00
	Fellowship Development	500.00	500.00	500.00
1.8	WSC -workshops	750.00	750.00	750.00
1.9	WSC -ARD attendance	1,000.00	1,000.00	1,000.00
1.10	WSZF RD & ARD	1,200.00	2,000.00	1,171.70
1.11	WSZF facilitator	300.00	300.00	300.00
	<b>Expense TOTAL</b>	<b>9,750.00</b>	<b>10,550.00</b>	<b>7,869.70</b>
	<b>GRAND TOTAL - EXPENSES</b>	<b>9,750.00</b>	<b>10,550.00</b>	<b>7,869.70</b>
	Net +/-	(153.46)	(1,550.00)	1,726.84

AKNA Profit & Loss Statement 2019  
1/1/2019 Through 10/12/2019

10/12/2019

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Category Description	1/1/2019- 10/12/2019
INCOME	
Donations	
Group Donations	
Nenena	50.00
TOTAL Group Donations	50.00
TOTAL Donations	50.00
TOTAL INCOME	50.00
EXPENSES	
Administration	351.90
Insurance	1,442.00
Outreach	35.00
Public Information	
Phoneline	621.65
Website	305.00
TOTAL Public Information	926.65
WSZF	1,171.70
TOTAL EXPENSES	3,927.25
OVERALL TOTAL	-3,877.25

Brett asks Dennis who was convention chair and RCM. Discussion about RCM, is it a regional or area position?

Bob makes sure he is taking care of money and Sasha understands.

Anchorage RCM - Ashley

Anchorage area has decided to approve a place card holder for wsld and as a 2021 convention chair in Rob T and is putting together a plan for Delegate Team for CAR ils ash

Gold Heart RCM - Brett

Golden heart area notices new meetings popped up, one hybrid meeting and one at a treatment center of sorts. Neither have GSRs or are on the schedule. Area will reach out to these areas to clear out some misinformation. Zoom meetings will be added to the schedule regardless of area participation.

Kenai RCM - Dennis

Hello Everyone

The Kenai peninsula are currently has 8 groups that put on 12 meeting per week in the Kenai & Soldotna area. Ninilchick meets Wednesday night and Homer now has two meeting on Thursday & Saturday night.

We have a functioning area committee which is currently going through the process of accepting nomination for position soon to become vacant.

Our current treasury balance stands at \$11497.49 and we will be making a contribution to the region this month.

Once again, our Campvention was a great success thanks to fellowship for there support and the committee for all their service in putting it all together.

In November we are going to do an area inventory. We are bringing up a facilitator from Arizona, we will also be holding other workshops. I would like to thank Mandy H for putting this all together.

Our area has had its ups and downs this year but thanks to a strong core of selfless servants who seem to always be there to help pull things together.

This will be my last meeting as the Kenai RCM I have served in this position for way to long and it is time for me to move on. We will have a new RCM at the next regional meeting known by you.

I would like to thank the Kenai area for allowing me to serve and to the region for putting up with me for all this time.

In Loving service

Dennis A

RD - Mandy

Dear Trusted Servants:

**What your Delegate team has been up to:**

**NA world Activity:** A lot is happening at the world level as we gear up for the conference agenda Report (CAR) & (CAT) to come out in November. Once the CAR comes out the alternate delegate and I will be visiting each area to perform a car Workshop or round table. We also plan to offer these on zoom as well. **RCMS:** We would like to schedule time in January to visit each area before January 23<sup>rd</sup> To do a CAR workshop or roundtable. We will be offering online CAR workshops via zoom in December.

**Zonal Forum 2020 Region 51:** We need to book airfare and hotel for the 2020 zonal forum. I have provided some information for the treasure here and have attached the flyer. I am currently asking if another delegate will share a room with me so that our region does not need to purchase two rooms. Thursday, January 23<sup>rd</sup>, approx. 5 pm to Sunday, January 26<sup>th</sup>. We will want to fly into McCarran International, Las Vegas. Call the hotel @ 702-492-8900. Mention code "WSZF2020" and get group rates. \$119 per night. **LAST DAY TO MAKE RESERVATIONS: December 15, 2019**

**World Board:** I learned that Alaska has a representative on the world board who is available to answer questions for the delegate team. His name is Hammed A, and he is from Kuwait. I have talked to him once already.

**SPAD:** Alaska made our first contribution to a book being written by the fellowship. Kenai hosted a workshop that wrote/submitted for the spiritual principal a day (SPAD) book. This workshop is available if others are interested in participating. You can also visit the website to read and review the draft of the first section.



**Workshops:** We have successfully provided three workshops in our region this year. Two of which were issue discussion topics (IDT's) and one SPAD. We did a building strong home groups in Fairbanks, carrying the message and making NA attractive in Kenai and we are planning to provide another at the convention called Drug replacement therapy (DRT), and Medication-assisted treatment (MAT) as it relates to NA. The delegate team is available to do workshops. Combing these workshops with something fun happening in your area would be awesome. Let us know when you have something fun planned.

**Car survey:** Alan and I met online to review the CAR survey and submitted our responses. There is a section about prioritizing literature to be created in the future that I would like to have the **RCM's** and anyone interested opinions on. Let's set up a zoom meeting to look over it. We will look at IP's and SP's proposed and see if you want to add or change anything while we prioritize them.

#### **Information at na.org about topics below that are being discussed**

Proposals to the Fellowship Intellectual property trust (FIPT)

<https://www.na.org/?ID=fipt-project>

Review of the first draft for the SPAD book

<https://www.na.org/?ID=medibook>

Western Service Learning Days (WSLD) is being hosted in Seattle November 8-10 <https://wsld.org/>

There is a NAW hosted web meeting addressing best practices for online meetings on Saturday 14 September at 10 am Alaska time.

<https://na.org/?ID=webinar-main>

The 2017-2018 NA world service annual report is online for review

<https://www.na.org/?ID=ar-2018>

Thank you for allowing me to be of service!

Mandy H

#### **Need responses from the RCM:**

1. What weekend in January before the 23rd would your area like to have the car workshop?

2. Are you interested in a zoom meeting to look over future literature projects and prioritize them?

Convention Chair - Sasha

Hellurrr Sasha

First want to thank the predecessors who paved the way and guidelines for the convention. To all committee members who served this year it has been an honor to serve in a committee who puts HP, newcomer, traditions, principles, and guidelines first! We want to thank region for giving us the opportunity as trusted servants to host this convention, and utilize other means of communication. To Mandy and Alan setting up zoom for our main meetings to reach areas and institutions that otherwise wouldn't be able to make it and bringing world topics to our attention so Alaska can be a part of. We are steadily selling registrations, meals, entertainment, and merchandising so do not have accurate numbers at this time though (did make a cash and check deposit of 4898.00 from Friday) night will have them by Monday Or Tuesday.

Thank you,

Sasha

Outreach - Paul

Outreach hasn't been meeting because there was no one attending meetings.

There were requests for another Outreach meeting so Paul agreed to set one up for the near future and email people about it.

Mandy and Alan can help groups with Zoom.

## **Old Business**

- Is Anchorage willing to host the WSLD - yes

## **New Business**

- H&I & Literature all vacant position - no nomination
- What weekend In January before the 23rd would each area would like to host a C.A.R. workshop

Mandy and Alan can help groups or areas learn about the CAR.

- Contributions to world

Dennis wonders why didn't previous convention pass funds on to world after convention? Nothing in the guidelines about this. Should there be a motion to fix this?

Discussion about regional budget for conventions. Mandy mentions that a motion was passed for 10% of convention profit to go to world. It hasn't been transferred to our guidelines and was paused last year because of financial difficulties. Dennis mentions that areas can decide the time of year that the convention will happen.

- Translation

Yupik translation of IP 1 has been completed. Yupik key tag translation complete. Athabascan translation with cost \$1200-1500. Also looking at Tlingit and Inupiat translations. Bethel and Nome are hoping NA will come to them.

Bob explains Translation is under public relations and \$1000 per year is in the budget already.

Zoom meeting is already in place. Need a PR chair. Outreach people going to a town and starting a meeting is much different than sending a newcomer to a zoom meeting. Members are willing to go to villages.

NEXT MEETING: January 7th, 2019 at 7:00 pm