Alaska Region of Narcotics Anonymous April 25, 2017

Minutes

Telephonic meeting was opened with the Serenity Prayer Members read:

- 12 Traditions
- 12 Concepts

• Chair – Lou Ann P

• NA Vision for Service

Roll Call:

Chan Loa min i	present
Vice Chair,	vacant
Secretary - Summer,	absent
Treasurer, vacant, acting Lou Ann	present
Anchorage RCM – Arlene,	present
Kenai RCM – Dennis,	present
Golden Heart (GH) RCM - Shawn	present
No alternate RCMs present	
Regional Delegate – Frank P	present
Alternate Regional Delegate - Dave	e S. present
Convention committee - Arlene L ((V. Chair) present
Hospitals and Institution -	vacant (Audrey absent, vote is on the agenda.)
Public Information – Doug P	present
	Vice Chair, Secretary – Summer, Treasurer, vacant, acting Lou Ann Anchorage RCM – Arlene, Kenai RCM – Dennis, Golden Heart (GH) RCM – Shawn No alternate RCMs present Regional Delegate – Frank P Alternate Regional Delegate – Dave Convention committee – Arlene L (Hospitals and Institution -

vacant

present

Amendments to the Agenda:

• Literature -

Dennis (Kenai Area) requested some time for discussion.

January 17 minutes were approved (GH moved, Anchorage second, vote yes)

Committee Reports

- 1. Chair (Lou Ann's) report no written report
- 2. Treasurer (acting) Report (Lou Ann). See the attached Budget/expenses report.
 - Balance is \$12,991.
 - The funds from the 2016 Convention were deposited into the Alaska Region account by the Anchorage Convention (they had been transferred from GH Convention committee with the Convention seed money to the Anchorage Convention committee, who made the deposit.)
 - Kenai Area donated \$750.24.
 - Anchorage Area donated \$154.74 in the last quarter.

Area Reports

 Anchorage Area – Arlene's written report is attached to the minutes. Anchorage is ready to vote on all matters. Anchorage is planning:

- Service Learning Day (afternoon, May 6 at IBEW Hall)
- Memorial Day Picnic at Jewel Lake Park on Memorial Day (noon to 4 pm or so.)
- Rally in the Valley June 30.

Anchorage and the Valley have 23 groups meeting regularly.

Most of our service positions will be filled after our next Area.

"This is my last meeting as my term is over".

ILS -- Arlene

2. Golden Heart – Written report is attached to the minutes.

Highlights of GH report is as follows:

- GH PR hosted an NA table at a health fair on April 15th.
- Annual Women's Retreat on June 23-25.
- There are 10 groups active with 2 or 3 meetings per day, seven days per week. Outlaws expanded to Thursday nights in North Pole.
- GH has two H&I commitments.
- PR is working on phone line training.

Golden Heart is ready to vote on all matters.

- 3. Kenai Area Service Committee Written report is attached to the minutes. Highlights include:
 - Kenai planning campout in Homer to revive the Homer meeting.
 - Made donations to NAWS and Alaska Region, each \$752.24.
 - H&I is strong with 6 commitments. H&I Learning Day planned for May.
 - PR set up a booth at KPC health fair. PR is planning to do presentation to the Kenai Peninsula.
 - Outreach to Seward occurred. Schedules are being placed about the Peninsula.
 - Men's Retreat is May 19th to 21st. Lots of speakers, fun, and food.

Kenai is prepared to vote on the motions and nominations. Draft guidelines and budget were discussed. Kenai has some concerns, which they would like to discuss.

Subcommittee Chair Reports

1. Regional Delegate Report (The RD written report is attached to the minutes. Attachments to the RD report are available at AKNA.org/Region/under banner "NAWS CAR and WSZF").

The Alaska Delegate Team attended the *Western State's Zonal Forum* meeting in Phoenix Arizona. The highlight's are as follows:

The WSZF agreed to have the 2018 (January) forum in Fairbanks Alaska. Frank states
in his report, "After discussion with Lou Ann, she thought it would not be good to have
the forum in Anchorage due to her pulse on the fellowship's willingness to host the
forum so the idea was brought to GHA service committee and the body unanimously
voted to have the forum in Fairbanks."

Lou Ann state, "this was a personal conversation between Frank and I" (while Frank provided Lou Ann with Dave S traveler information so she could buy Dave's ticket to Arizona). Lou Ann made it clear at the April meeting that her comments should not have been construed as regional or area conscience, but rather discussions with the regional RCMs should have been sought to determine the best place for WSZF. Frank admitted, "oh I thought I might have made a boo boo!" It is unclear whether Frank and

Dave met with GHA committee about hosting the WSZF in 2018 before they went to Arizona or when they returned.

- The WSZF meeting included Regional Reports, Zonal Planning, and NAWS updates. "There are a lot of common Challenges". Four primary takeaways are:
 - Supporting Rural Service Systems and Groups
 - Outreach to Native American and Alaska Native peoples
 - Communication and meeting through technology --- WWW.mozeo.com
 - ❖ NAWS Public Relations Project Contact Jane@NA.org

The full report and attachments are posted on the AKNA.org page.

- The Arizona Region hosted the WSZF. It is not clear what the Arizona Regional budget was (\$2500 or so?), but they had \$1618 left over, which they donated to NAWS. Expenditures appeared to be about \$800 or \$900 for the forum. At that cost, we could convert the WSZF travel budget for one person (\$1000) to a "host WSZF Meeting" budget relatively easily.
- Frank and Dave spent in excess of their \$2000 budget. They spent \$2508 and another \$250 for food.
- The preliminary 2018 WSZF Agenda is as follows:
 - o CAR/CAT workshop,
 - o Admin work group,
 - Sharing session,
 - o Regional Information presentations/innovations,
 - o Local fellowship development event,
 - o Saturday evening banquet speaker meeting,
 - o RD/ARD training session,
 - o Technology work group,

Frank has been in contact with Ron H to facilitate the 2018 WSZF. Doug P was invited to facilitate WSZF meeting in some capacity.

- 2. Alternate Delegate Dave S gave a verbal report, which included the following.
 - Relationship with Zone will change. Do we want to support it?
 - "Update regional/area meeting schedules at NAWS" (possibly something to do with Zoom here?) (Secretary did not understand what this meant.)
- 3. Convention Arlene, the V. Chair of the 2017 Convention gave a verbal report.
 - Theme and logo are being finalized.
 - Information is being updated on the AKNA.org page.
- 4. Hospitals and Institutions Pro Temp Audrey B. not present
- 5. Public Information Doug Poage provided a verbal report.
 - Highest priority is to get a meeting started in Bethel.
 - Goal is to use Zoom to conduct meeting next time around.
 - Draft some telephonic meeting guidelines.
 - Maintain contact with remote groups, groups outside of Areas.

Old Business:

- 1. Regional Guidelines Revision Project.
 - Kenai voted on the guideline poll, which results are in their report. Results have been included in the poll.
 - GH voted on the full guidelines instead of the poll. However GH used the outdated draft July 2016 guidelines, which did not capture changes that were included in the October 2016 draft. The poll addressed elements in the October draft, so GH did not vote on a couple of items represented in the poll. GH is going to review and vote on these items.
 - Anchorage Poll results are included with the January 2016 ARSC minutes.
 - A summary of the Guidelines Revision Poll is attached to these minutes.
 - The "Final Draft Guidelines" will be distributed when GH completes its vote.
 - Areas will vote on the final draft guidelines in an up or down vote.
- 2. H&I, Audrey B
 - a. Vote to waive clean time requirement: 3 yeas, 0 nays, 0 abstains, passes
 - b. Vote for Audrey: 3 yeas, 0 nays, 0 abstains, voted in
- 3. Treasurer, Shannon D
 - a. Vote for Shannon D: 3 yeas, 0 nays, 0 abstains, voted in.
- 4. Vote on the Regional Budget:

Anchorage Area – Yea Kenai Area – No Golden Heart Area – Yea

Budget Passes

Discussion on the Budget requested by Dennis.

Background: In June 2016, Frank P as ARD, wanted to make a motion that ARSC fund the ARD to the WSZF (as well as the RD). His draft motion did not include a "financial impact" of the motion. Doug P volunteered to draft a proper motion, which Frank P found satisfactory. It was then attached to and distributed with the June 2016 Regional minutes. At the August 2016 ARSC meeting, not all RCMs were prepared to vote on the motion, so it was tabled until the October ARSC meeting where it passed 2 to 1.

Dennis had two concerns regarding spending funds to send the ARD to WSZF:

• First, that it was inappropriate for Lou Ann, Regional Chair and acting treasurer, to decide if there were "sufficient funds" in the ARSC bank account to send the ARD to WSZF without consulting the RCMs. The motion that passed at Region (to send the ARD to WSZF) stated as follows: "That ARSC fund (pay for) travel and hotel for the ARD to attend the annual Western States Zonal Forum meeting *if there are sufficient funds*." There was \$12,700 in the ARSC bank account in January when the ARD ticket was bought, and all of the bills were paid. Lou Ann said in the course of this conversation that there was no established prudent reserve; the only way Lou Ann thought she could deny the expenditure was by arbitrary decision not

consistent with majority conscience of the Areas, and she would not do that. Finally, the ARD was elected in January and no concerns were raised about sending the ARD to WSZF during that meeting.

• Second, that the original motion (to fund ARD to WSZF) was procedurally faulty. See the "background" section above. The fault with the motion was that it had not been amended at the meeting. The RCM from Kenai deemed this improper *in retrospect* (9 months and 3 meetings after the fact). However June and August minutes were approved with the subject motion in final form. Also, the vote on the motion in its final form was tabled at the August meeting, and voted on in October, which gave all the Areas an extra 2 months to review it.

The GH RCM moved to table the discussion about the validity of the motion, but neither Anchorage nor Kenai seconded the motion. The discussion just ended. There was no action that came out of this.

The 2017 – 2018 budget that was adopted at this (April 2016) meeting included a \$2000 budget line item each year for travel to the WSZF by both RD and ARD. That budget line item was \$2000 instead of \$1000 because of the motion adopted in October 2016, which was the subject of this discussion.

Is this an excessive budget? Frank P and GH committee had long discussions at their GH Area meetings before the request was forwarded to Region. Kenai certainly thinks so.

Kenai feels passionately that spending funds to send a second person to the WSZF is a frivolous expenditure in light of our in-state need to perform Public Relations work and outreach, and start meetings in rural Alaskan hubs, in light of the travel expense associated with travel within Alaska.

ATTACHMENTS:

- 1. Anchorage RCM Report to Region 4-25-17
- 2. Golden Heart RCM Report to Region 4-25-17, and GH vote on the ARSC Guideline revisions
- 3. Kenai RCM Report to Region 4-25-17
- 4. ARSC Cost and Budget Report 4-25-17
- 5. RD Report 4-25-17 (note that report attachments are posted on the AKNA.org web site, on the "Region" tab, under "NAWS CAR and WSZF" banner.)
- 6. ARSC Guidelines Final Poll Results
- 7. ARSC Final April 2017 Draft Guidelines
- 8. Final Budget 2017 2016 adopted.

ACTION ITEMS:

- 1. What is the final step of final adoption of the guideline changes?
- 2. What does "updating our meeting schedule with NAWS" mean? (From the ARD verbal report?)
- 3. The Region should prepare to host WSZF.

				2017 and	1 2	018 <i>Final</i> Budget
	2017					
	20471 1 .			budget		G .
category	2017 budget	-	expense	balance		Category
Public Information	\$350					Public Information
Phone line	\$1,200					Phone line
web host	\$12					web hos
Translation	\$0					Translation
Outreach	\$1,200					Outreach
Entertainment Project	\$0					Entertainment Project
H&I	\$1,000					H&I
Administration	\$600					Administration
Donation to NAWS***	\$300					Donation to NAWS***
Insurance	\$1,700					Insurance
WSC	\$0					WSC
Assembly or workshop	\$250					WSC Assembly or Wor
WSZF	\$2,000					WSZF
Covention Contingency****	\$2,000					convention contingend
Learning Days						Learning Days
Total expenditures	\$10,612					Total
income**	\$5,000					income**

**Income is assumed to be \$3000 from the 2016 GH convention, and
\$2000 in Area donations.

^{*** &}quot;Donation to NAWS" is stipulated in the guidelines as 10% of

2018								
				budge				
Category	Budget		expense	balance				
Public Information	\$350							
Phone line	\$1,200							
web host	\$12							
Translation	\$0							
Outreach	\$500							
Entertainment Project	\$0							
H&I	\$800							
Administration	\$600							
Donation to NAWS***	\$600							
Insurance	\$1,700							
WSC	\$2,000							
WSC Assembly or Works	\$1,000							
WSZF	\$2,000							
convention contingency								
Learning Days								
Total	\$10,762							
income**	\$8,000							

^{**}Income is assumed to be \$6000 from the 2017 Anchorage convention and \$2000 in Area donations.

*includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and Anch.

DRAFT BUDGET AND INCOME PROJECTION	2015 & 2016
2017	\$10,612
2018	\$10,762
TOTAL 2-yr BUDGET =	\$21,374
Estimated Funds in acct at end of 2016*	\$13,500
projected revenue from Conventions and Donations**	\$12,500
Account balance plus estimated 2014 and 2015 revenue =	\$26,000
revenue =	
DALANCE OF FUNDS of the state 2015 and 2017	
BALANCE OF FUNDS after the 2016 and 2017 Budget Cycle =	\$4,626
budget dytic -	

^{****} Convention Contingency funds are meant to assist Convention but will be returned to Region after the convention with profit.

^{***}Donation to NAWS is 10% of the estimated convention revenue of \$6000.

Date	Check no.	Cleared	Payee	Τ,	heck Amt.		Deposit	Description	End	ing Balance	Category
Dute	CHCCK HO.	Cicurca	. ayee	Ť	AICCK AIIIC		Бероле	balance from end of 2016=	\$	12,760.24	category
				Ś				balance from end of 2010-	\$	12,760.24	
1/31/2017	2319	x	Lou Ann P.	\$	(2,000.00)			WSZF	\$	10,760.24	\\/\$7E
2/4/2017	2310	×	Summer K.	\$	(30.00)			Copies	\$	10,730.24	Administration
2/6/2017	2321	^ v	Summer K.	\$	(61.00)			Lit to barrow	\$	10,669.24	Public Information
3/12/2017	2322	v	US Postmater	\$	(200.00)			PO Box Rent	\$	10,469.24	Administration
3/12/2017	2323	v	ATT	\$	(157.93)			Teleconference	\$	10,311.31	Administration
3/12/2017	2324	v	Switchboard AK	\$	(131.71)			Help Line	\$	10,179.60	
3/12/2017	2325	×	ACS	\$	(10.32)			Phone line	\$	10,169.28	Help Line
3/12/2017	2326	v	Doug P.	\$	(150.30)			Postage Mailout	\$	10,018.98	H&I
3/31/2017	2327	×	HUB International	\$	(250.00)			Insurance	\$	9,768.98	Insurance
4/6/2017	2328	x	Philadelphia Insurance	\$	(1,303.00)			Insurance	\$	8,465.98	
4/6/2017	2329	x	Switchboard AK	Ś	(55.75)			Help Line	\$		Help Line
4/6/2017	2330	x	ACS	\$	(2.31)			Phone line	\$	8,407.92	Help Line
4/6/2017			Convention Deposit	Ť	(=:=-/	\$	3,891.40	2016 Convention	\$	12,299.32	Convention
4/6/2017			Anchorage Area Donations			\$	65.13	Area Donations	\$	12,364.45	area donation
4/6/2017			Kenai Area Donations	+		Ś	750.24	Area Donations	\$	13,114.69	area donation
4/25/2017	2331		ATT	\$	(12.74)	Ť	,55.24	Teleconference	\$	13,101.95	Administration
4/25/2017	2332	x	Lou Ann P.	\$	(200.00)			School of Addiction Table	\$	12,901.95	Public Information
4/26/2017	2332		Anchorage Area Donations	7	(200.00)	\$	59.74	Area Donations	\$	12,961.69	area donation
4/26/2017			Anchorage Area Donations	+-		\$	29.87	Area Donations	\$	12,991.56	area donation
6/1/2017	2333	v	ACS	Ś	(2.90)	ڔ	23.07	Phone line	\$	12,988.66	Help Line
6/1/2017	2334	v	ATT	\$	(195.49)			Teleconference	\$	12,793.17	Administration
6/1/2017	2335	v	Switchboard AK	\$	(58.54)			Help Line	\$		Help Line
6/12/2017	2333	^	Ketchikan Area	Ť	(50.54)	\$	149.50	Area Donations	\$	12,884.13	area donation
6/18/2017	2336	×	ACS	\$	(6.39)	Ť	1.5.50	Phone line	\$	12,877.74	Help Line
6/18/2017	2337	^ v	Switchboard AK	\$	(57.38)			Help Line	\$	12,820.36	Help Line
6/18/2017	2338	v	ATT	\$	(18.14)			Teleconference	\$	12,802.22	Administration
7/27/2017	2339	v	ACS	\$	(5.38)			Phone line	\$	12,796.84	Administration
7/27/2017	2340	v	Switchboard AK	\$	(55.00)			Help Line	\$	12,741.84	Help Line
8/17/2017	2341	×	Regional Convention	\$	(2,000.00)			contingency for conv.	\$	10,741.84	Convention Contingency
9/6/2017	2342	x	ACS	\$	(10.00)			phone line	\$	10,731.84	Help Line
9/12/2017			paypal convention transfer	Ť	,,	Ś	1,000.00	Convention	\$	11,731.84	in
9/12/2017	2343	x	paypal convention transfer	\$	(1,000.00)	7	_,,,,,,,,,	Convention	\$	10,731.84	out
10/4/2017	2344	х	Switchboard AK	\$	(220.42)			Help Line	\$	10,511.42	Help Line
10/4/2017	2345	х	ATT	\$	(82.90)			Teleconference	\$	10,428.52	Administration
10/4/2017	2346	х	Doug P.	\$	(127.60)			PI activity	\$	10,300.92	Public Information
10/3/2017			paypal convention transfer		· /	\$	254.89	Convention	\$	10,555.81	in
10/4/2017	2347	х	paypal convention transfer	\$	(254.89)			Convention	\$	10,300.92	out
10/14/2017	2348	х	PI Literature	\$	(52.30)			PI activity	\$	10,248.62	Outreach
10/23/2017	2349	х	PI Literature	\$	(88.00)			PI activity	\$	10,160.62	Outreach
11/12/2017	2375	х	Doug P.	\$	(500.00)			PI activity	\$	9,660.62	Outreach
11/12/2017	2376	х	ATT	\$	(82.90)			Teleconference	\$	9,577.72	Administration
11/12/2017	2377	х	ACS	\$	(1.42)			Phone line	\$	9,576.30	Help Line
11/12/2017	2378	х	Switchboard AK	\$	(80.52)			Help Line	\$	9,495.78	Help Line
1/1/2018	2379	х	ACS	\$	(5.39)	\$		Phone Line	\$	9,490.39	Help Line
1/1/2018	2380	х	Switchboard AK	\$	(123.25)			Switchboard	\$	9,367.14	Help Line
1/1/2018	2381	Х	ATT	\$	(322.97)			Teleconference	\$	9,044.17	Outreach
2/11/2018	2382	х	ATT	\$	(226.18)			Teleconference	\$	8,817.99	Outreach
2/11/2018	2383	х	ACS	\$	(7.52)			Phone line	\$	8,810.47	Help Line
2/11/2018	2384	х	Switchboard AK	\$	(112.70)			Switchboard	\$	8,697.77	Help Line
2/11/2018	2385	х	Zoom (Doug)	\$	(149.90)			Zoom Account	\$	8,547.87	Outreach
				I							
				\$	(10,413.14)	\$	6,200.77				

Categories	2017 subtotals	2017 Budget	category balance
Public Information	(\$388.60)	\$350	(\$38.60)
Help Line	(\$941.52)	\$1,200	\$258.48
web host	\$0.00	\$12	\$12.00
Translation	\$0.00	\$0	\$0.00
Outreach	(\$1,339.35)	\$1,200	(\$139.35)
Entertainment	\$0.00	\$0	\$0.00
H&I	(\$150.30)	\$1,000	\$849.70
Administration	(\$785.48)	\$600	(\$185.48)
Donation to NAWS	\$0.00	\$300	\$300.00
Insurance	(\$1,553.00)	\$1,700	\$147.00
WSC	\$0.00	\$0	\$0.00
WSC Assembly or Workshops	\$0.00	\$250	\$250.00
WSZF	(\$2,000.00)	\$2,000	\$0.00
Convention Contingency	(\$2,000.00)	\$2,000	\$0.00
Total Budget	(\$9,158.25)	\$10,612	\$1,453.75

Income	
Convention	\$3,891.40
Area Donations	\$1,054.48
revenue total	\$4,945.88

^{**}Income is assumed to be \$3800 from the 2016 GH convention and ***Donation to NAWS is 10% of the estimated convention revenue of *includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and

Revenue - Expenses -\$4,212.37

Regional RCM Anchorage, Ak 99508 Apr 25, 2017 Report for ARSC

My name is Arlene; I'm an addict. I have not been to Anchorage Area meeting for Mar & Apr because of extenuating circumstances that made my priorities trump my service commitment's and for that I apologize.

Anchorage Area Service Committee has 20 groups with 3 meetings in the Valley and the Valley GSF. No new groups were recognized.

Shannon was voted for Region Treasurer

Audry from Kenai for H&I was voted yes for clean time and yes for her nomination.

Nick B. was unanimously voted for Newsletter. Actively Seeking Submissions At aknanewsletter@gmail.com or 907-202-1108 Nick B. Deadline is the 15th of every month. Perhaps if anyone in the Kenai or Fairbanks fellowship have stories, wisdom, humor, events, photos (No faces!), or announcements that you would like to share,

Victorious L. is the Hospitals and Institutions chairperson, but needs support. There are 3 new orientations and openings for facility panel leaders.

A motion waived clean time and service requirements for Stacy A. and was voted unanimously for Activities Chair.

Morgan was unanimously voted for Literature. I did not see any qualifications submitted.

Darren was nominated and voted unanimously AASC Public Information Chair and waived clean time and waived service requirements.

Regional Budget was voted on and passed by the groups.

Announcements:

Learning Days IBEW Hall on Denali May 6 @ 130

Next area 5/8/2017 @630pm at BP Energy Building

Anchorage Area Memorial Day picnic at Jewel Lake on May 29th, 2017.

Rally in the Valley will be June 30- July 2- Next planning meeting is April 15 at The Valley Alano Club @ 6pm.

Valdez Area is planning their NA in Tents campout for Jun 2 to 4, 2017. Contact is Larry K. On a side note, can the next Anchorage RCM invite Valdez Area of Narcotics Anonymous on the Regional Committee?

I know I missed a few items. Please comment or add to my report if you will.

In closing, it has been my honor to serve as your Anchorage RCM for the last year and a half or more, and I served not knowing what I was doing half the time. My learning experiences enriched my program with a new level of understanding of all the spiritual principles that I got to practice with so much humility and love for the fellowship, and how much we need to encourage service work commitments for newcomers and oldcomers!

Blessed to serve,

Arlene L.

KENAI PENINSULA RCM REPORT APRIL 2017

Hello from KPASC

All is alive and well on the Kenai Peninsula.

Since the last regional meeting, we lost the Homer meeting so we now have 17 meetings active. PR is planning a campout in homer over a weakened to be determined to try and bring the fellowship in Homer back together.

Our current bank balance is \$15,969.71. We sent out two contribution this past month, 1. NAWS \$752.24 2. ARSC \$752.24. All bills are current from the treasure.

HI is planning a learning day for some time in May. Meetings are still being held in the men's and women's prison as well as 4 other institutions.

PR Attended the KPC health fair and set up a display booth. They handed out literature and mad some good contacts within the Peninsula area. They were approached by a Kenai assembly member and asked to do a presentation to the assembly which is in the works at this time. A unity road trip was held in March to support the Seward fellowship and about twenty addicts took part. Meeting schedules are being placed at all facilities around the area to help reach the still suffering addict.

Activities is having a spring fling on April 29th which is usually a big event and all are welcome from other areas to attended.

Women's retreat was again a big success, attendance was down from previous years but all those that attended had a great time.

Men's Retreat is on again May 19th – 21st at the Alaska Christian Retreat. We have lots planned with speakers from Anchorage, Fairbanks and one out of state speaker to open the event. There will also be a comedy show Saturday night Jim T from Bakersfield. We hope to see men from all areas attended. Newcomers are welcome.

The KPASC disused both the guidelines and the budget and have some questions and are prepared to vote.

We are also prepared to vote on all motions contained in the minutes.

KPASC has some concerns and would like sometime either in open discussion or new business for them to be heard.

In Loving Service

Dennis A

Golden Heart Area of Narcotics Anonymous Regional Report

April 25, 2017

- There are ten groups now active with two to three meetings a day seven days a week. The North Pole Outlaws is now meeting twice a week at same location. Sunday night at 7:00pm and Thursday at 7:30pm. GHANA (Golden Heart Area Narcotics Anonymous) has one Area Committee positions open, treasurer. We have a nominee of Tony A. and will have a vote at next Area meeting. I continue to share to groups that Region needs help filling Regional Service Committee positions. Anyone interested can view the rights and responsibilities as well as clean time requirements at www.AKNA.org, Region, ARSCNA guidelines. I will continue to share at local groups the purpose of Region and how Region helps the Area carry the message of recovery to the State of Alaska.
- Events. The Public Relations (PR) Committee hosted a table at the Fairbanks Health Fair on Saturday April 15^{th,} 2017. April 29^{th,} 2017 Area will have a Bowling and Fellowship event after the Saturday night meeting. June 23-25, 2017 the Annual Women's Treat at Twin Bears Camp will be hosted by the North Poles Outlaws Women. July 28-30, 2017 Golden Heart will host the Annual Blow Out at Twin Bears Camp. All flyers are available at www.akna.org events.
- GHANA currently have two H&I (Hospitals and Intuitions) commitments at both Fairbanks Correctional Center (FCC) facility, men's and women's as well as the Ralph Perdue Treatment Center. H&I is continuing to reach out to members for support filling the women's FCC facility. H&I is working on permission to return to North Star Center. The inmates at FCC wanted to thank the Regional H&I for sending up the additional literature. We have members interested in helping with this commitment. I have them contact local PR Ashley B. I will give Doug P. Ashley's contact information.
- PR (Public Relation) is seeking interest from the groups to host a local cell phone help line. There was a subcommittee created to start a local phone service. I told Area that Region is working on that and that maybe we could pool our resources to this project. At the last Area meeting the Chair was missing.
- Golden Heart Area returned agenda items to groups for vote. I am ready to vote all these Items.
 - O Regional Guidelines and Review -Done
 - O Treasurer nomination and vote. -Pass

O Vote on 2017-2018 Budget -Pass

Thank you, for the opportunity to serve, Shawn M. RCM (Regional Committee Member) Golden Heart Area. To: Alaska Regional Service Committee of Narcotics Anonymous

From: Frank P. Regional Delegate

Re: RD April 25th report

Date: 4/25/17



Trusted Servants:

Summer is approaching and it is important to have any dates of events posted on the website so they we can inform our GSR's to bring the information back to their groups. We want as many members to show up to our events especially new members and our old-timers whose life revolves around subsistence. If there are any new meetings or events please let me or any Area or Regional member.

As far as the Zonal Forum we got a lot done and we have two workgroups one that is focused to set up an admin committee by 2019 and technology workgroup to get us communicating better. WSZF went over their 44 room block. Expenditures were \$327.25 in coffee and \$448.00 for meals for support a volunteer which was within the Arizona RD budget for the Forum. The Arizona Region had a surplus of \$1,617.97 left over from the Forum which they sent to NAWS as a WSZF donation.

During the event we had Regional Reports, a Zonal Planning, and NAWS Updates. These sessions brought out a lot of common challenges and new solutions. I have attached the Regional reports, workshop pictures (of the work we did), and the recorded minutes along with this report.

Here are four main points to come out of the three day event:

- ❖ Supporting Rural Service Systems/Groups
- ❖ Outreach to Native American/ Alaska Native Tribes/Nations
- * Communication and meetings through technology www.mozeo.com *(See attached)
- NAWS Public Relations Project Contact Jane@na.org

I have attached the February 2017 WB report/update of the Future of the WSC and list of upcoming webinars that any member can participate in it is my hope that the RCMs please bring this to ASC so it can be disseminated to the Groups. It would also be nice if we could put it on the Regional Website. The WB report is proposing changes in how we spend time at the WSC (World Service Conference) because we like to talk a lot as a fellowship. These new procedures would eliminate endless discussion until I am or so. Some these new practices even could be use in our Region or ASC.

The forum agreed to have the WSZF next year in Alaska. After discussion with Lou Ann, she thought it would not be good to have the forum in Anchorage due to her pulse on the fellowships willingness to host the forum so the idea was brought to GHA service committee and the body unanimously voted to have the forum in Fairbanks. WSZF 2018 is set for January 25, 26, 27, and 28th. We have made tentative reservations at the Westmark Hotel in Fairbanks. The Agenda is set for an extra day (Thursday) next year due to conference cycle and CAR/CAT material to cover. Tentative Agenda is: CAR/CAT, Admin

work group, sharing session, Regional information presentation(s)/innovations, local fellowship development event, Saturday evening banquet/speaker meeting, AD/RD training session, technology work group, open forum for/to local fellowship and agenda setting for WSZF 2019. Lastly, I have been in contact with Ron H. from New Mexico to help facilitate the forum since he might be in Fairbanks around that time. Anyone interested who has experience as a prior AD/RD or with facilitation/consensus-based decision making that would like to co-facilitate and/or volunteer, or, as a secretary please let me know.

The AK RD team budget for the Zonal is \$2,000 and our total Forum expenses were: 2,508.12 and this did not include food expenses which was about 250.00 for the total days that was on top of the above amount. Dave and I are grateful that the hosts for the zonal forum (Arizona Region) did not charge us for catered lunch and banquet dinner.

Dates to remember

- ❖ May 17, 2017 Leaning Days Anchorage IBEW Hall
- ❖ May 19-21, 2017 Kenai Area Men's Retreat
- ❖ June 2-4^{th,} 2017 Valdez Campout
- ❖ June 23-25, 2017 North Pole Outlaws Women's Retreat
- ❖ June 30th. 2017 Rally in the Valley Campout
- ❖ July 28-30, 2017 GHA Blowout

In Fellowship,

Frank P

GUIDELINE POLL – FINAL RESULTS

Regional Service Committee



New Part 8 if Part 6 below had passed.

Part I, Part 7 – Conditions of Nomination(s)

Subpart a (iii) introduces a provision to approve waiving clean time. The language is as follows:

"RSC should not waive clean time unless there is unanimous approval to waive the clean time". There is no provision for waiving clean time currently. "Should" is advisory. "Shall not" would be prohibitive, so as it stands now, "RSC should not waive clean time", a simple majority is required to waive clean time.

Anchorage Fail Yea,

Kenai Pass OK, can live with this change

GH Did not vote No,

Comment:



Part I, Part 6 (new subsection) – regarding groups that are not within an Area, The following provision gives groups the means to make a motion at the ARSC meeting.

"Groups outside of "Areas" may be heard, but do not vote. Chair may introduce a motion on behalf of Group or Groups that are geographically outside of an existing Area. Such a motion would still require a second and would be treated like any other motion."

Groups outside of Areas do not have a voting presence. They can speak but cannot introduce a motion. This gives them that ability.

Anchorage Pass Yea,

Kenai Fail OK, can live with this change,

GH Did not vote No

Comment:



a new "part 11, if part 6 had passed.

Part I, Part 10 – Removal from the ARSC Quorum. In the course of reviewing the Guidelines, Kenai suggested "would like to see this part I (10) guideline removed". This is what it reads now:

"If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next RSC meeting in which they are present."

The reason for this motion is the quorum count is important to getting business done. If there are 4 Areas and only 3 show up, then they are saddled with achieving unanimity to get anything done. Kenai, in a spirit of unity and cooperation, suggested that it read:

"If an area is not represented at two consecutive ARSC meetings, the Chair or Vice chair will contact the area and open a line of communication as to why no RCM has been present and determine if the Area needs help in reestablishing itself back into the Region."

A compromise is as follows:

"If an Area is not represented at two consecutive ARSC meetings then they cannot vote at the next ARSC meeting in which they are present. In this event, the Chair (or someone designated by the Chair) is tasked with reaching out to the Area to determine why the Area is not participating at Region, and what assistance the Region might provide to help the Area to reestablish itself in the Region. The Chair would provide a brief report of this effort at the next Regional meeting."

Anchorage Pass Yea,

Kenai Fail OK, can live with this change,

GH Did not vote No

Comment:

Convention Guidelines

The full section of the Revised Convention Section of the Guidelines is reprinted below. There is disagreement about the highlighted lines. Other elements of this section are either standard practice or have been overtly adopted by ARSC.



Part 3 – Should the guidelines state that we should have convention in the Fall?

Convention shall be held in September, October or November each year

Some have responded the Fall convention is traditionally in the Fall and like it. Other reviewer recalls a time when we had a convention in the Spring, and 2 years ago we had a hotels and hospitality chair advocating for a Spring. Since Region typically has a convention every year, it would screw up the seed money and timing to have the event in Spring.

Anchorage Pass Yea,

Kenai Pass OK, can live with this change,

GH Fail No

Comment: _____



Part 6 – This section includes the previously adopted practice of an Area electing the Convention Chair.

"The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups."

The provision to remove the chair has been added. Since the Area elects the Chair, this gives the host Area the ability to remove the chair by 2/3 majority of the Area groups.

Anchorage Pass Yea,

Kenai Pass OK, can live with this change

GH Pass No.

Comment:



Part 7 and Part 9 - Should the Convention Chair be accountable to the Area and the Region?

The convention chair is accountable to the host Area and the ARSC.

Part 9 just expands on how the convention Chair would be accountable. "While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. On the other hand, the ARSC is less able to respond because it meets less frequently than the host Area, and the possible need by RCMs to take decisions back to their Areas delays ARSC response time further".

Anchorage Pass Yea,

Kenai Pass OK, can live with this change

GH Pass No

Comment:

XII. CONVENTION SUB-COMMITTEE

- 1. Use the approved WSO Convention Guidelines. -The purpose of the ARSC Convention is to celebrate recovery. This purpose does not override NA's primary purpose. ii
- 2. Convention subcommittee is a subcommittee of the ARSC.

Fails

- 3. Convention shall be held in September, October or November each year iii
- 4. Convention is hosted in turn annually as follows: Kenai, Anchorage (2017), Golden Heart, and Anchorage, and Kenai, etc. iv
- 5. Annually, at the October meeting, the next year's Host Area should commit to hosting the convention. If the Area whose turn it is to host in the cycle declines to host, then the next Area in turn shall have opportunity to host, unless Golden Heart or Kenai decline to host, in which case Kenai or Golden Heart may elect to host instead of Anchorage, who would have just hosted. Y

Pass

6. The host Area shall elect the Convention Chair who meets the qualifications set out in part (7)(v) and (7)(vi) of these guidelines. At the same time, the host Area may remove a Convention Chair by a 2/3 vote of the host Area groups.

Pass

- 7. The convention chair is accountable to the host Area and the ARSC. While the convention is a Regional event, the host Area is in the best position to respond to Convention committee needs and issues as they arise, monitor Convention progress, and coordinate Convention events with local Area events. On the other hand, the ARSC is less able to respond because it meets less frequently than the host Area, and the possible need by RCMs to take decisions back to their Areas delays ARSC response time further.
- 8. The Convention Chair (or designee) shall provide a report to the ARSC on behalf of the Convention Committee at its regularly scheduled meeting.

Pass

- 9. The Convention Chair (or designee) shall attend the host Area committee meetings and update the host Area committee on convention planning and progress, and to coordinate activities. The host Area groups (fellowship) shall support the convention committee by providing the human resources and ideas necessary to put on the convention.
- 10. The ARSC shall provide the convention seed money to host the convention. This is maintained in the Convention bank account, which typically does not change between conventions.
- 11. Convention chair (or designee) will submit a Convention report and transfer all funds in excess of the seed money to the ARSC treasurer within 45 days of the Convention. If the Convention earned no proceeds above the seed money, the ARSC will make the seed money whole for the next convention committee.

iv This was adopted by resolution in 2014.

^v Sometimes the smaller Areas are not up to hosting a convention. If Anchorage has just hosted the convention, then it is appropriate to hold it elsewhere the following year, so if GH declines, it should go to Kenai or vice versa.