

Alaska Region of Narcotics Anonymous
MINUTES for July 29, 2017 2 PM Regional Meeting

Moment of Silence followed by the Serenity Prayer

- Twelve Traditions were read.
- Twelve Concepts of Service were read.
- Vision Statement was read.
- Roll Call - Chair
 - Chair, Lou Ann – present
 - Kenai RCM, Dennis A – present
 - Anchorage RCM, Keith – present
 - Golden Heart RCM, Shawn M – present
 - PI Chair, Doug P – present
 - H&I Chair, Audrey B – present
 - Treasurer Elect, Shannon – present
 - Convention Representative - Absent
- Amendments to the Agenda
 - Kenai Motions, 4 each – under new business
 - Anchorage Motion – under new business
- GH moved to approve April 2017 minutes. No second. Anchorage was not able to 2nd the motion because Keith had not been at the April meeting, so Kenai was the only possible second. There was a discussion about the August 2016 meeting. Particularly that the motion brought by GH (in June 2016) to fund sending the ARD to WSZF had been modified to include “financial impact” *after* the June 2016 meeting, as it was agreed to at the June 2016 meeting, and included in the August 2016 minutes. The subject June 2016 motion was modified and approved by the maker of the motion between the June and August 2016 meetings, but was not reintroduced formally with changes in August, but simply approved as entered in the minutes. Those present at the July 29, 2017 meeting acknowledged that this was a procedural error. After the discussion about the June 2016 minutes, Kenai seconded the motion to approve the April 2017 minutes. April 2017 minutes were then approved.

ADMINISTRATIVE COMMITTEE REPORTS

1. Chair – Lou Ann P. – Written Report attached.
2. Vice-Chair – Vacant
3. Secretary – Vacant
4. Treasurer – Lou Ann gave the treasurer report because treasurer elect has not started yet.
Bills are paid and the current regional checking balance is \$12,741.84.
See attached 2017 expenditures.

AREA REPORTS

- Anchorage Alternate RCM – Keith is new RCM. Keith gave a verbal report. Anchorage would bring a motion under new business.
- Golden Heart RCM – Shawn M -- Written report attached.
 - GH has 10 active groups. Outlaws meeting on Thursday at 7:30 pm (new meeting).
 - GH Area has all positions filled. RCM is inviting members to get involved at Regional level.
 - GH hosted a successful women’s retreat recently.
 - H&I is active with two commitments.
 - Ashley B is very active as chair of PR and H&I. PR Ashley B is seeking a phone workshop.

- Kenai RCM - Dennis A. See written report.
 - PI put on the Homer campout, which was an outreach success.
 - H&I has six panels.
 - Men's retreat was big success. All were laughing Saturday night at the guest comedian.
 - Kenai Area Has \$16,917 in the bank. Kenai is donating \$750 to the Convention.

Frank P asked the Kenai RCM to confirm that the Kenai donation to NAWS indeed occurred. Frank did not see evidence of Kenai donation in last year's NAWS financial report. Frank will send Dennis the link for the annual report.

SUBCOMMITTEE REPORTS

- Regional Delegate – Frank P. submitted a written report. Highlights were as follows.
 - Working on WSZF to be hosted in Fairbanks, Jan 25, 26, 27 and 28 (Thrs through Sun noon) at the Westmark Hotel.
 - RD is following the NAWS delegate on-line forum, which takes a considerable time.
 - "Let's think outside the box – bring creativity and passion to carrying our message!"
 - Will participate in the tech group and Zoom training on Aug 5.
 - Planning for the World Service Conference this year. Need to plan to get solid conscience from all Areas
 - RD is looking to host regional event at the Convention.
- Alt. Regional Delegate – Dave S. Verbal Report
 - WSZF will take on more functions than just idea exchange going forward.
 - We are on the doorstep of possible zonal representation at World Conference.
- Convention Chair – Dave L. (from Anchorage) absent – Shannon gave a report.
 - Pay Pal is difficult to use and there is currently no on line registration.
 - Dennis recommends using "Squares" – funds go straight into account.
 - Registration is ongoing. Call registration (or almost anyone on the committee) to register.
- Hospitals and Institutions – Audrey B. Verbal
 - Seeks collaboration with the Area H&I Subcommittees.
 - Wants an update of Working Steps Behind the Walls. Doug provided an update – "nothing happening recently".
 - Victorious (Anchorage Area) wants Project Public Purpose – Basic Texts to inmates. She wants to have a tie-dye tee shirts.
 - Shawn said that Ashley, the PR/H&I Chair of GH wants contact with Audrey.
- Public Information – Doug P.
 - PR chair met with Ketchikan fellowship in April. I went to one of their meetings. It's a friendly group with some long-term recovery and plenty of newcomers. Next day they participated in a "public relations basics" and "presentations essentials" workshop. The timing was good, as it would help them apply traditions in the course of a community PSA they are developing.
 - After the trip, on behalf of our PR subcommittee, Doug sent them a copy of the PR Handbook (ordered from NAWS.) Address: 162-A Beacon Hill Lane, Ketchikan, AK 99901
 - One of the Ketchikan contacts is Kevin B. 907-220-7065.
 - Bethel meeting is a goal of PR committee. Nothing yet.
 - Follow up:
 - Reach out to Juneau, Dillingham, and Kodiak groups -- meetings
 - Bethel – can we start a meeting. Meeting with Zoom.
 - Maintain contact with Ketchikan

- Phone meeting?
- Literature – Vacant

OLD BUSINESS

1. Ad Hoc Guidelines Subcommittee –
Guidelines Chair (Doug) – asked group what they wanted to do.
Kenai and Anchorage have completed the poll on the most difficult issues. GH did not complete the poll but reviewed the entire July 2016 draft guidelines. Kenai suggested sending out the final revised draft. Guidelines ad hoc will send out the final version including all changes.
2. Regional preparation for hosting WSZF --
 - At the Westmark in Fairbanks
 - January 2018
 - Flyer will be out soon.
 - We need secretary
 - World Board will be present.
 - Doug agreed to be a facilitator.
 - PI Training for Fellowship Development

New Business:

1. Executive committee terms are renewed on odd years, which will be October 2017. We need to bring nominations to the October meeting.
2. Kenai brought 4 motions:

Kenai Motion #1 -- That the region establishes a prudent reserve in its financial budget.

Intent: To be more financially responsible with regional funds and to protect such funds from dwindling away.

Motion seconded by Golden Heart. There was brief discussion. **RCMs to take motion back to their Areas.**

Kenai volunteered to draft a Prudent Reserve Provision.

Kenai Motion #2 -- That regional minutes be reviewed verbally by the secretary at the start of every regional meeting before a vote to approve is taken.

Intent: To minimize mistakes and to clarify what took place and what was voted on at the previous meeting.

Motion died for lack of a second.

Kenai Motion #3 -- That all business concerning regional money be voted on by the RCM

Intent: So that RCM's be the only regional body making decisions on financial spending thus carrying the conscience of their area.

Motion died for lack of a second.

Kenai Motion #4 -- That all motions that come before the region be in writing and establish clear intent of said motion. To be included in the minutes as written by the regional delegate.

Intent: To minimize errors in minutes and so clear communication from the region are transported back to the areas for consideration as per our traditions.

Motion dies for lack of a second.

3. Anchorage brought a motion to reconsider funding the ARD to WSZF.

Anchorage Motion -- A motion to reconsider funding RD and ARD to Western States Zonal Forum.

Clean and Serene makes a motion to reconsider the 2016 GH motion that Alaska Regional Service Committee send both ARD and RD to WSZF. Expenditures again exceeded revenues in 2016.

Kenai expressed at the May ARSC meeting that we could better use the money reaching out to Alaska Hubs such as Bethel, Dillingham, Ketchikan or Juneau or any number of outreach efforts.

The consequence of the 2016 GH motion doubled the cost of WSZF. Kenai Area is particularly troubled by this and poses the question: "Is the return for investment worth the cost?" Cannot one person do this rather than two persons?

The upside of this is exposure and training of NAWS/WSZF by ARD.

The WSZF line item has an impact on our funds. Concept 11 says "NA funds are to be used to further our primary purpose, and must be managed responsibly."

Intent

Intent of the motion is re-consideration of Area support. Also to remedy division in our Region by that re-consideration. We honor one another by listening to one another and this attempts to do that.

The effect of the motion would be to amend the two-year budget by reducing the WSZF line item budget from \$2000 to \$1000.

Financial Impact

The Alaska Regional revenue has been declining. This would save \$1000 per year.

Attached

Budget for 2017 – 2018

Original GH Motion w 2016 revenue/expenditures

Position on the Motion:

- Yea, approve motion to change WSZF budget line item from \$2000 to \$1000.
- No, Keep budget the way it is. Send RD and ARD to WSZF.

Motion died for lack of a second.

4. Discussion about Kenai hosting the 2018 Convention.

a. In 2014, Kenai lost money at the convention because the Kenai convention committee sold lots of dinners that no one bought. Dennis reported that Kenai Area bailed out the convention seed money by paying for the unsold dinners.

b. Dennis will poll the Kenai Area to see if they will host the 2018 convention.

5. Question came up, "who vets our flyers?" Someone drafted a flyer with the term "sober" event for Rally in the Valley, which started on Facebook and ended up on the AKNA.org website. Our web servant is just a servant and does not inspect the flyers. It is ultimately the PI Chair responsibility. If it has to go through the PI chair, the process to post flyers on the AKNA.org event page will be more time consuming, because of bulk and timeliness. PI Chair agreed to mention it to web servant.

FOLLOW UP

1. The Final draft Guidelines will be distributed to the RCMs and vote at next meeting.
2. Vote on the Motion to establish a Prudent Reserve at Region.
 - Just vote on the motion next meeting.
 - Dennis will head up ad hoc committee to draft the Prudent Reserve.
3. Kenai to decide if they will host the convention. If they will not, then GH gets an opportunity to host (per guidelines.)
4. Next ARSC meeting is October 7, time to be determined, at the convention at the Anchorage Hilton.
5. RCMs might ask themselves what the downside of *not* approving the minutes is.

Motion to Adjourn.

Attachments:

- Chair's report to ARSC
- Golden Heart RCM Report
- Kenai RCM Report
- Financial spread sheet.

Chair Report (Lou Ann P)

July 29, 2017

Reminder to All: Executive committee positions are expiring and we need nominations for Chair, V-Chair, Secretary and Treasurer (we will confirm since Shannon was elected recently).

Thank you to all of Alaska Region's trusted servants for all the service work you do on this committee, your area and with your home group. My observation over the past 14 years is that about 80% of the work for NA is performed by 20% of the people involved and we need to get better at finding that 20%.

As Alaskan's, we understand how big this state is and the challenges faced trying to carry the message to the addict who still suffers. As mentioned on the call, even those communities on the road system aren't easy to reach with the message and to carry the message to the communities off the road system will take targeted, energetic and committed response. We need to support all efforts of outreach locally and statewide. I applaud all efforts working to reach Alaskan communities. Sometimes, the work seems to move slowly, but I believe it happens when it is the right time.

I would like to remind all members of this service body to read the minutes before voting to approve and if there is an issue with clarity it is prudent to bring this up sooner than later.

This issue was highlighted at the April 2017 meeting with the discussion brought by Kenai concerning the motion that was voted on in October 2016 to send the ARD to Western States Zonal Forum. I believe this discussion was unproductive for the following reasons:

1. There was no prior notice by Kenai about this discussion topic, which precluded other members from researching the topic and being able to converse knowledgeably about the subject.
2. The original motion was introduced and seconded during the June 2016 meeting and the region scheduled a special August meeting where this motion was postponed because Kenai wasn't ready to vote, the motion was voted and approved at the October 2016 meeting and during the January 2017 meeting the ARD was elected with no issue being raised about the newly elected ARD attending the WSZF in February.
3. Eight months and three regional meetings passed between the motions introduction, vote and election of the new ARD. At any point on this time line, discussion of the issue could have taken place and it is possible there might have been a different course of action.
4. Minutes were posted for all the above-mentioned meetings.

As Chair and acting Treasurer, when asked for funds from the RD/ARD to attend the WSZF, I followed the motion **voted on and approved by the Regional RCM's** at the October 2016 meeting to send the ARD to Western States Zonal Forum with the amount spent being no more than \$1000 *as long as funds are available*.

During the past nine years that I have served on the regional committee, the RD/ARD have gone to the treasurer for reimbursement for travel expenses and this has been the precedent for as long as I have been serving at the regional level because the expenses had been approved by a vote of the regional members.

The RD and I had a lengthy text and phone conversation about the importance of not spending more than the amount stipulated in the approved motion and both the RD and ARD paid for a substantial part

of this trip out of their own funds. Reimbursement for the travel expenses was handled prudently and with the Alaskan regions best interest in mind.

When a trusted servant acts in good faith to fulfill their duties, this action needs to be supported by other members of the fellowship, especially if they want to retain the trusted servant and leader in their current and possible future positions. The concepts speak to the importance and value of leadership and letting them do their job as assigned.

Honesty, trust and goodwill are the foundation of our service efforts and we need to remember each trusted servant is doing the best they can to fulfill their service obligations. Insinuation of impropriety does not produce goodwill and trust that we so greatly need. Each person serving on this committee uses their own time, resources and energy to carry the message and I thank each of you for doing your part in helping to carry the message.

Date	Check no.	Cleared	Payee	Check Amt.	Deposit	Description	Ending Balance	Category
						balance from end of 2016=	\$ 12,760.24	
				\$ -			\$ 12,760.24	
1/31/2017	2319	x	Lou Ann P.	\$ (2,000.00)		WSZF	\$ 10,760.24	WSZF
2/4/2017	2320	x	Summer K.	\$ (30.00)		Copies	\$ 10,730.24	Administration
2/6/2017	2321	x		\$ (61.00)		Lit to barrow	\$ 10,669.24	Public Information
3/12/2017	2322	x	US Postmater	\$ (200.00)		PO Box Rent	\$ 10,469.24	Administration
3/12/2017	2323	x	ATT	\$ (157.93)		Teleconference	\$ 10,311.31	Administration
3/12/2017	2324	x	Switchboard AK	\$ (131.71)		Help Line	\$ 10,179.60	Help Line
3/12/2017	2325	x	ACS	\$ (10.32)		Phone line	\$ 10,169.28	Help Line
3/12/2017	2326	x	Doug P.	\$ (150.30)		Postage Mailout	\$ 10,018.98	H&I
3/31/2017	2327	x	HUB International	\$ (250.00)		Insurance	\$ 9,768.98	Insurance
4/6/2017	2328	x	Philadelphia Insurance	\$ (1,303.00)		Insurance	\$ 8,465.98	Insurance
4/6/2017	2329	x	Switchboard AK	\$ (55.75)		Help Line	\$ 8,410.23	Help Line
4/6/2017	2330	x	ACS	\$ (2.31)		Phone line	\$ 8,407.92	Help Line
4/6/2017			Convention Deposit		\$ 3,891.40	2016 Convention	\$ 12,299.32	Convention
4/6/2017			Anchorage Area Donations		\$ 65.13	Area Donations	\$ 12,364.45	area donation
4/6/2017			Kenai Area Donations		\$ 750.24	Area Donations	\$ 13,114.69	area donation
4/25/2017	2331		ATT	\$ (12.74)		Teleconference	\$ 13,101.95	Administration
4/25/2017	2332	x	Lou Ann P.	\$ (200.00)		School of Addiction Table	\$ 12,901.95	Public Information
4/26/2017			Anchorage Area Donations		\$ 59.74	Area Donations	\$ 12,961.69	area donation
4/26/2017			Anchorage Area Donations		\$ 29.87	Area Donations	\$ 12,991.56	area donation
6/1/2017	2333	x	ACS	\$ (2.90)		Phone line	\$ 12,988.66	Help Line
6/1/2017	2334	x	ATT	\$ (195.49)		Teleconference	\$ 12,793.17	Administration
6/1/2017	2335	x	Switchboard AK	\$ (58.54)		Help Line	\$ 12,734.63	Help Line
6/12/2017			Ketchikan Area		\$ 149.50	Area Donations	\$ 12,884.13	area donation
6/18/2017	2336	x	ACS	\$ (6.39)		Phone line	\$ 12,877.74	Help Line
6/18/2017	2337	x	Switchboard AK	\$ (57.38)		Help Line	\$ 12,820.36	Help Line
6/18/2017	2338	x	ATT	\$ (18.14)		Teleconference	\$ 12,802.22	Administration
7/27/2017	2339	x	ACS	\$ (5.38)		Phone line	\$ 12,796.84	Administration
7/27/2017	2340	x	Switchboard AK	\$ (55.00)		Help Line	\$ 12,741.84	Help Line
8/17/2017	2341	x	Regional Convention	\$ (2,000.00)		contingency for conv.	\$ 10,741.84	Convention Contingency
9/6/2017	2342	x	ACS	\$ (10.00)		phone line	\$ 10,731.84	Help Line
9/12/2017			paypal convention transfer		\$ 1,000.00	Convention	\$ 11,731.84	in
9/12/2017	2343	x	paypal convention transfer	\$ (1,000.00)		Convention	\$ 10,731.84	out
10/4/2017	2344	x	Switchboard AK	\$ (220.42)		Help Line	\$ 10,511.42	Help Line
10/4/2017	2345	x	ATT	\$ (82.90)		Teleconference	\$ 10,428.52	Administration
10/4/2017	2346	x	Doug P.	\$ (127.60)		PI activity	\$ 10,300.92	Public Information
10/3/2017			paypal convention transfer		\$ 254.89	Convention	\$ 10,555.81	in
10/4/2017	2347	x	paypal convention transfer	\$ (254.89)		Convention	\$ 10,300.92	out
10/14/2017	2348	x	PI Literature	\$ (52.30)		PI activity	\$ 10,248.62	Outreach
10/23/2017	2349	x	PI Literature	\$ (88.00)		PI activity	\$ 10,160.62	Outreach
11/12/2017	2375	x	Doug P.	\$ (500.00)		PI activity	\$ 9,660.62	Outreach
11/12/2017	2376	x	ATT	\$ (82.90)		Teleconference	\$ 9,577.72	Administration
11/12/2017	2377	x	ACS	\$ (1.42)		Phone line	\$ 9,576.30	Help Line
11/12/2017	2378	x	Switchboard AK	\$ (80.52)		Help Line	\$ 9,495.78	Help Line
1/1/2018	2379	x	ACS	\$ (5.39)	\$ -	Phone Line	\$ 9,490.39	Help Line
1/1/2018	2380	x	Switchboard AK	\$ (123.25)		Switchboard	\$ 9,367.14	Help Line
1/1/2018	2381	x	ATT	\$ (322.97)		Teleconference	\$ 9,044.17	Outreach
2/11/2018	2382	x	ATT	\$ (226.18)		Teleconference	\$ 8,817.99	Outreach
2/11/2018	2383	x	ACS	\$ (7.52)		Phone line	\$ 8,810.47	Help Line
2/11/2018	2384	x	Switchboard AK	\$ (112.70)		Switchboard	\$ 8,697.77	Help Line
2/11/2018	2385	x	Zoom (Doug)	\$ (149.90)		Zoom Account	\$ 8,547.87	Outreach
				\$ (10,413.14)	\$ 6,200.77			

Categories	2017 subtotals	2017 Budget	category balance
Public Information	(\$388.60)	\$350	(\$38.60)
Help Line	(\$941.52)	\$1,200	\$258.48
web host	\$0.00	\$12	\$12.00
Translation	\$0.00	\$0	\$0.00
Outreach	(\$1,339.35)	\$1,200	(\$139.35)
Entertainment	\$0.00	\$0	\$0.00
H&I	(\$150.30)	\$1,000	\$849.70
Administration	(\$785.48)	\$600	(\$185.48)
Donation to NAWs	\$0.00	\$300	\$300.00
Insurance	(\$1,553.00)	\$1,700	\$147.00
WSC	\$0.00	\$0	\$0.00
WSC Assembly or Workshop	\$0.00	\$250	\$250.00
WSZF	(\$2,000.00)	\$2,000	\$0.00
Convention Contingency	(\$2,000.00)	\$2,000	\$0.00
Total Budget	(\$9,158.25)	\$10,612	\$1,453.75

Income	
Convention	\$3,891.40
Area Donations	\$1,054.48
revenue total	\$4,945.88

**Income is assumed to be \$3800 from the 2016 GH convention and
***Donation to NAWs is 10% of the estimated convention revenue of
*includes pre-Assembly CAR workshops in FAI, Kenai, and Juneau, and

Revenue - Expenses **-\$4,212.37**

KENAI PENINSULA RCM REGIONAL REPORT JULY 2017

Hello everyone

Since our last regional meeting the area has been busy with outreach to other local areas on the peninsula, as well as NA events.

The Homer campout was a huge success, there were 20-30 people turn up and a lot of local recovering addicts. Our goal is to stay InTouch with the Homer area and support them in growing their fellowship.

Men's retreat was again a great event similar number to last year and again the goal was fellowship and welcoming the newcomer. Our Saturday night comedy show with Jim T packed the place and all were still laughing well after the show had ended which was from my personal view very gratifying.

Our Subcommittees continue to carry the message of NA within our community.

PI as I mentioned put on the Homer campout. They are still working on presentation to the Kenai borough and have other events and outreach coming up. More will be revealed

HI has six panels a week running at the moment some occurring twice a week. Serenity house, Women's & Men's prison, Akela House, Cicarta,

And Kenatze clinic.

Literature person is still supplying the area groups with literature and has a balance of \$2000.00

Treasury. Our bank balance stands at \$16,917.31. There was a motion put before the area at the last meeting to contribute to the upcoming regional convention in October in the amount of \$750.00

We have some motion we would like the be heard in new business

We are prepared to vote on all business brought before this committee

In Loving service

Dennis A

Golden Heart Area of Narcotics Anonymous Regional Report

July 29, 2017

- There are ten groups now active with two to three meetings a day seven day a week. The North Pole Outlaws is now meeting twice a week at same location. Sunday night at 7:00pm and Thursday at 7:30pm. GHANA (Golden Heart Area Narcotics Anonymous) has all Committee positions filled. Thank you, Gabe W., for filling the treasurer position. I continue to share to groups that Region needs help filling Regional Service Committee positions. Anyone interested can view the rights and responsibilities as well as clean time requirements at www.AKNA.org, Region, ARSCNA guidelines. I will continue to share at local groups the purpose of Region and how Region helps the Area carry the message of recovery to the State of Alaska.

- Events. The Public Relations (PR) continues to meet at Saint Nickolas first Sunday of the month. June 23-25, 2017 the Annual Women's Retreat at Twin Bears Camp was hosted by the North Poles Outlaws Women. I hear the event was amazing to all the women that attended. July 28-30, 2017 Golden Heart will host the Annual Blow Out at Twin Bears Camp.

- GHANA currently have two H&I (Hospitals and Institutions) commitments at both Fairbanks Correctional Center (FCC) facility, men's and women's as well as the Ralph Perdue Treatment Center. H&I is continuing to reach out to members for support filling the women's FCC facility. H&I is working on permission to return to North Star Center. The inmates at FCC wanted to thank the Regional H&I for continuing to support recovery at the jail the additional literature. I informed members interested in helping with this commitment. To contact local PR Ashley B or Regional PR Doug P.

- PR (Public Relation) is seeking interest from the groups to host a local cell phone help line. There was a subcommittee created to start a local phone service. I told Area that Region is working on that and that maybe we could pool our resources to this project.

- I have made attempts to have the Area vote on the Regional Guidelines before this venue. But with the busy summer schedules haven't had much success. I have not report on the item.

Thank you, for the opportunity to serve,
Shawn M. RCM (Regional Committee Member) Golden Heart Area.